

METALS AND HOMOEOPATHY

Editorial for the month of January 2012

Metals account for about 2/3rd of all the elements and about 24 percent of the mass of the planet. Metals have useful properties including strength, ductility, and high melting point, thermal and electrical conductivity and toughness. From the periodical table it can be seen that large number of elements are classified as being a metal and few of the common metals used in homoeopathy are iron, arsenic, aluminum, copper, gold, silver, zinc and stannum.

I will be discussing the group 12 to 14 which has metals like Zincum, Cadmium, Mercurius, Germanium, Stannum and Plumbum. However I will describe the case not in detail but I will give you the zest of the mental characteristic that has helped me in different type of cases from this group.

To begin with I will talk for Zincum. I had a young boy who comes with severe eczema all over his body; he was diagnosed to be allergic to many food substances. He has taken lot of treatment from skin specialist however his eczema does not respond. He has also taken homoeopathic treatment from Delhi but there was no appreciable improvement.

The main problem that he faced was he had a very poor self confidence and he always felt that there is something really wrong with him, maybe he has done wrong things in his life, may be in his previous birth he has committed some crime or may be in this birth he has hurt many people. And that's why god has given him this particular disease. Sometimes he literally visualizes the figures of the people whom he thinks he had hurt them and he constantly develops a fright because of that. He is quite suspicious in the sense that he will never eat from anybody's house or he will avoid eating in restaurants because he always feels that something will be there in the food which can damage him. This was the main core of the case.

I took the rubrics delusion he is being poisoned; delusion sees images; sees phantom; delusion fright as if in a fright; delusion sees figures; delusion evil has done some evil; delusion crime he has committed; delusion accused she is. With these particular symptoms I gave him Zincum met 30C and he was much better in his eczema within few months.

Now here you should remember the group feeling, of this 12, 13 and 14, is that **everyone is an enemy** and a **competitor** and everyone is under **suspicion** and everybody is there to **attack** him. This is a common group feeling in this particular group, so remedies like zinc, caladium, mercury, germanium, stannum and Plumbum will have this kind of feeling whenever you see the case at a deeper level.

The second case is of a person with a non-healing diabetic ulcer, now here again the person had a high cholesterol and hypertension for which he was already on allopathic treatment but he developed a non-healing ulcer and doctor advised him to shift from oral hypoglycemic agent to injectable insulin because his diabetic was not under control and he was very comfortable doing this so he comes to me for homoeopathy.

He had a very long history to tell me but the crux of the situation was that he was in a joint business with his family members and he had strong fear that his brothers and his uncle will grab away that business from his hands and destroy him. He was the main person who built up the business and he was very intelligent and hardworking; he brought up the business from the scratch yet he was not so much appreciated because in joint family the profits were equally distributed and he was not basically involved manytimes in important decisions and as a result he always had a fear that his relatives are conspiring things behind his back; they are trying to damage him; they are trying to harm him and he has to take lot of precautions because he feels that may be one day they may literally murder him or they may literally try to damage him. Sometimes this becomes so worse that he develops severe fear of going into crowded places or developing fear of getting insane.

I took multiple rubrics for the case but the most important ones which led me to the remedy Mercury were - delusion enemy everyone is; delusion surrounded by enemy; delusion he is in hell; delusion injury is about to receive; delusion murdered he will be; delusion he is persecuted; delusion he was pursued; fear of crowded places; fear of enemies; fear happen something will; and fear of insanity. With this kind of mental symptoms I prescribed him Mercury in different potencies for a period of 3 months I could totally cure his diabetic ulcer and bring back his sugar levels to his original position and patient never had to use insulin.

The third case is of an old Parsi gentleman whom I was treating for depression with chronic hypertension with early dementia.

He had a long story of his life; he was 69 years old. The most important part of his story was that he was all alone, his children were all living abroad, and his wife was also not having a good health and was constantly remaining sick so there was a nurse who used to take care of patient as well as wife. He had 2 servants quite faithful and nice; however in his depression he started having lot of delusions and the most important delusion was that he used to tell the servant that they should lock up every room and they should put every costly thing that is in the house under locker or safe because somebody is going to come and rob the house, also many times he said there is a big danger to this house and big danger to his life, however on detail questioning he could not expand on this subject. When he is not doing anything he would sit quiet and not talking with anyone. He also manytimes told his friends and other people near him that he has done lot of crime in the past and that's why God is now going to come and punish him. The most important thing was he never allowed anybody to play any television or radio in the house because he felt that this aggravated his thoughts and fears a lot.

Manytimes while sitting he will go in deep sleep. His second complaint was vertigo. Sometimes he makes some funny gestures when nobody is observing him. He was on lot of allopathic treatment mood elevators, anti-hypertensive drugs, vitamins, and anti-depressive medicines. The most important symptoms that I could take in his case were - delusion crime he has committed; delusion

danger impression of; delusion danger impression of life to his; delusion he will be murdered; delusion others are conspiring to murder him; delusion he was pursued by enemies or by friends or by police; suspicious; and delusion he has sinned away his day of grace. With this symptomatology and his dementia I gave him Plumbum metallicum and this was the remedy which helped him a lot for his depression.

In the next 6 months I could reduce depression most of his delusional symptoms disappeared, and his fears regarding the danger totally came under control.

Hence you will see that these three remedies – Zincum, Mercury and Plumbum basically have the same type of delusional state of mind; that is somebody is going to attack them or somebody is going to destroy them; people are going to come and rob them or murder them; and as a result they will become extremely suspicious.