

My experience with rare Calareas

There are more than twenty rare salts in Calcareo group, let me talk about two salts in this editorial.

Case:1

An old man aged 65 years consulted me in 1988 winter in Florida USA with a complaint of chronic obstructive lung disease, every winter he would get an attack of bronchitis, also change of weather was equally not tolerated by him, he was African American in origin and had worked most of his life in Pennsylvania mines, it was there that he contacted recurrent bronchitis.

He was a very hardworking and strong person but due to his ill health he is losing confidence in life and gradually his will power is getting weaker with anxiety what will happen in future? He is unmarried and now lives a retired life with his friend, he now has developed hobby for fishing and swimming. Basically a man with not much ambition always thought of safe savings and security.

Another complaint was weak digestion, everything he ate turned into gas.

His acute cough was rattling, loose with difficult expectoration; the expectoration comes out in the form of membranes from the respiratory tract. The cough is worse in the morning and from strong odors'.

His breathlessness is worse on exertion and better by expanding the chest and extending the shoulders far behind.

He sweats when he coughs a lot otherwise it's scanty

His general energy levels were pretty low.

He suffered from multiple injuries in the past with few fractures, once he had suffered from influenza, and as a small child he had rickets.

On examination the chest shows reduced air entry with basal crepitation, palms were cold to touch.

Based on above symptoms I prescribed Calcareo aceticum 6c two times a day for 6 weeks, slowly there was an improvement in breathlessness, cough, I continued the medicine for next three months which showed major improvement, in his next hospital visit for annual checkup showed improvement in his reading of spirometry from previous year. After one year of homeopathic treatment he remained quite a symptomatic.

Clinical:

Very useful when discharges are Membranous esp. sputum, menses in persons of a Calcareo habit.

In Respiratory Organs following symptoms are very useful:

- Rattling on expiration, as from mucus in chest.
- Tickling, this provokes cough.
- The cough becomes loose, with expectoration of large piece like purulent matter.
- Breathing difficult amel. Bending shoulder backward. **Allen's Encyclopedia**

Clinical:

A most brilliant cure was made of an obstinate membranous bronchitis, which for months had resisted all other treatment; the paroxysms recurred every two or three weeks; each time it seemed as if the patient would die, until extensive casts of the membrane of the bronchi were expectorated; entirely cured by this drug. **Allen's Encyclopedia**

Case2: Symptoms of sinusitis:

Another case of a sixteen year old girl with acute sinusitis presented with following complaints. She first consulted her allopathic doctors who gave a ten day course of Augmentin without much relief.

- Severe pain in the right frontal protuberance, which extended to the right eye, forcing the eyes to close involuntarily.
- Drawing headache in the right side of the forehead, over the eye and in the occiput, on mental exertion.
- Right sided neuralgia of head esp. above the eyebrow, which is aggravated by stooping.
- Boring in the middle of the forehead, as if penetrating into the brain. Worse chewing and motion of the head
- Throbbing on both the malar bones.
- Tense feeling on the right cheek as if it was swollen.

- Gnawing pain at the root of the nose.
- Illusion of smell; as if s of rotten eggs.
- Right upper jaw painful to touch.
- X-ray shows clearly right sided frontal sinusitis.

Based on above symptoms Calcarea aceticum 200 one dose 3 times a day was given for four days within two days the relief was more than eighty percent, in next seven days everything disappeared.

Clinical: fluent coryza with acute sinusitis. Stuffed coryza with severe headache and frequent sneezing. Constrictive feeling in the lower respiratory tract, as if there was not room enough in the chest to breathe, with stoppage of the nose.

Case: 3

I was fortunate to get a girl 12 years old from district Bidisha from Madhya Pradesh with a very bad abscess in right hip joint, her x-ray showed large abscess of the size of an orange with erosion of the bony surface. Her blood showed anemia and high E.S.R. of 40 mm.

She was emaciated, lean thin constitutionally, I could also palpate her cervical lymph nodes which were enlarged but not tender. The case was declared incurable with allopathic medicine and doctors in Bhopal advised her total hip replacement. The main symptoms were low grade fever in the evening lasting up to night, pain in right hip worse motion, walking and exertion. The appetite was reduced, stools were constipated and she perspired profusely especially on the neck and head during sleep.

Based on the above symptoms I prescribed her Calcarea hypophos 30c three times a day for one month. The result was amazing most of the symptoms were better substantially, I repeated the x ray which showed reduction in size of abscess, I continued the medicines for three more months, by this time all her symptoms were totally gone.

Now I will describe the experience of this remedy by Dr. Nash

My reason for taking it up, is that I have been vastly impressed with the cure that Dr. Nash made with this remedy in a person, who had several abscesses in and around the knee-joint - ugly abscesses that had gone as far as the tibia and had eaten away half of the bone exposing the ragged necrosed osseous tissue underneath.

Here is another instance of a cure that leads the homoeopath on to a firmer faith in his science.

Cases similar to this are not infrequent, and they are the ones to beguile the homoeopath into pronouncing hard, unscientific dictum on surgery; not that they do not believe in the usefulness of surgery, not that they can dispense with it altogether, but that circumstances in their own life and in the life of other brother practitioners of their own school, had shown them, time and again, that where surgery was deemed absolutely essential, and that where even surgery wavered, Homoeopathy snatched away the laurel with the greatest of ease and nonchalance.

Dr. Nash's language in this connection is very impressive - "The little, fellow was greatly emaciated and had no appetite, and was as pale as a corpse.

I told the mother that I thought this was a case for the surgeon, but I would try to get him in better condition for the operation.

I remembered reading once before, of the cure of abscesses by this remedy, made by Dr. Searles of Albany, and empirically concluded to try it in this case.

I put him upon the first trituration, a grain a day.

Called in a week and found a great change for the better.

The mother exclaimed as I came in : "Ah, Doctor, the boy is eating us out of house and home."

Under the continued use of the remedy he made a complete and rapid recovery, except that the tibia was a little bent.

I have since used the remedy in some very large swellings, where pus had formed, with the effect of complete absorption of the pus and no opening of the abscess on the surface.

One was a case of hip-joint disease which had been pronounced incurable by a specialist on ulcerations. (How is that for a specialist, regular at that).

The different combinations of the Calcarea ought to be so thoroughly proven as to enable us to put them each in their exact place.

So, also, with the Kalis, Magnesias, Natrums and Mercuries, etc."

