

INDEX

Preface.....	2
Introduction.....	3
Naja haje.....	5
Naja haje: Drug proving.....	7
Naja mossambica pallida.....	51
Naja mossambica pallida: Drug proving.....	53
Ophiophagus hannah.....	90
Ophiophagus hannah: Drug Proving.....	92
Rubrics of genus Naja.....	108

## Preface

My interest began in the field of herpetology a few decades ago. About 15 years back I wrote a book, Naja Naja Naja which was well received by the profession. My interest didn't stop there but only grew. My fascination towards the snake Cobra was aroused due to its highly poisonous venom. Hence my curiosity led me to wonder what symptoms this potentised toxic venom would produce in healthy human beings. I selected the three most poisonous cobras namely, Naja Haje, Naja Mossambica Pallida and Ophiophagus Hannah. Even though all the three cobras are quite different from each other there is a common theme running through the proving. I was happy the day the proving was placed on my desk as I finally saw my dream materializing. I am extremely grateful to Dr. Surbhi P. Khemka who genuinely put in her sincere efforts over the past one year to make this project successful. I am grateful to all the other provers who took part in the proving namely, Dr. Natasha Fernandes, Dr. Pooja Sawant, Dr. Aditi Bhatnagar, Dr. Huma Kadri, Dr. Pranali Mane, Dr. Jinal Shah, Dr Chaitali Shah, Dr. Krupa Shah, Dr. Priya Gala, Dr. Darshan Mehta, Dr. Arbind Ray, , Dr. Binal Master, Dr. Sadaf Siddique, Dr. Ritesh Pagdhune and Dr. Shailesh Someshwar so that Homoeopathy can progress. The most difficult part of a proving is editing it and for this I was helped by Dr. Surbhi Khemka and my daughter Dr. Rukshin Master. For the cover page I would like to thank Ms. Sunita Shah. I would lastly like to thank Remedia from Austria for always providing me with genuine reliable potentised venom.

Dr. Farokh Master

1<sup>st</sup> May 2010

## Introduction

A cobra is a venomous snake belonging to the family Elapidae. The name is short for *cobra de capelo*, which is Portuguese for "snake with hood", or "hood-snake". When disturbed, most of these snakes can rear up and spread their neck (or hood) in a characteristic threat display. However, not all snakes referred to as cobras are of the same genus, or even of the same family

Cobra may refer to:

- Any member of the genus *Naja*, also known as typical cobras (with the characteristic ability to raise the front quarters of their bodies off the ground and flatten their necks in a threatening gesture), a group of venomous elapids found in Africa and Asia.

*Naja* is a genus of venomous elapid snakes. Although there are several other genera that share the common name, naja are the most recognized, and most widespread group of snakes commonly known as cobras. The genus *Naja* consists of from 20 to 22 species, but has undergone several taxonomic revisions in recent years, so sources vary greatly. They range throughout Africa, the Middle-East, India, southeastern Asia, and Indonesia.

- Any member of the genus *Boulengerina*, a.k.a. water cobras, a group of venomous elapids found in Africa.
- Any member of the genus *Aspidelaps*, a.k.a. shield-nose cobras or coral snakes, a group of venomous elapids found in Africa.
- Any member of the genus *Pseudohaje*, a.k.a. tree cobras, a group of venomous elapids found in Africa.
- *Paranaja multifasciata*, a.k.a. the burrowing cobra, a venomous elapid species found in Africa.
- *Ophiophagus hannah*, a.k.a. the king cobra, a venomous elapid species found in India and southern Asia.

- *Hemachatus haemachatus*, a.k.a. the spitting cobra or ringhals, a venomous elapid species found in Africa.
- *Micrurus fulvius*, a.k.a. the American cobra or eastern coral snake, a venomous elapid species found in the southeastern United States.
- *Hydrodynastes gigas*, a.k.a. the false water cobra, a mildly venomous colubrid species found in South America.
- A taxonomic synonym for the genus *Bitis*, a.k.a. puff adders, a group of venomous vipers found in Africa and in the south of the Arabian Peninsula.

## Venom

All species in the genus *Naja* are capable of delivering a fatal bite in a human. Most species have strongly neurotoxic venom, which attacks the nervous system, causing paralysis, but many also have hemotoxic features which causes swelling, necrosis and has a significant anticoagulant effect.

Several *Naja* species, referred to as spitting cobras, have developed a specialized venom delivery mechanism, in which their front fangs, instead of releasing venom through the tips, as a hypodermic needle, have a rifled opening in the front surface, which allows the snake to propel the venom out of the mouth. While typically referred to as spitting, the action is more like squirting. The range and accuracy with which they can shoot their venom varies from species to species, but it is used primarily as a defense mechanism. Once sprayed onto a victim's skin, the venom acts as a severe irritant. If it is introduced to the eye, it can cause a severe burning sensation and temporary or even permanent blindness if not cleaned out immediately and thoroughly.

## Naja Haje: The Egyptian Cobra

The Egyptian Cobra is one of the most well known, the largest, most dangerous and the most feared snake of the cobra family. It is a stealthy, silent hunter.

### Subspecies:

- Naja haje haje
- Naja haje legionis
- Naja haje arabica

### Synonyms:

- Vipera haje
- Naja haje
- Coluber haje
- Cerastes candidus
- Coluber candidissimus

### Common names:

- Naja haje
- Aspis

### Morphology:

The Egyptian cobra has a large but depressed head, which is very difficult to distinguish from its neck. Its neck, like all other species of the cobra family is dilatable upto 15-18 cms wide, forming a '*hood*'. The eyes are big and have round slits. The body is cylindrical and stout and the tail is long. The average total length of the Egyptian cobra is 100 – 200 cm, with a maximum of 300 cm. The colour of this cobra is highly variable ranging from greenish yellow, grayish, brown grey, copper-red with dark spots or bands around the neck and body.

**Habitat:**

The Egyptian cobras are found mostly in Africa and in parts of Saudi Arabia and other parts of the Middle East. Apart from desert climate they also occur in oasis, steppes, dry to moist regions with water and vegetative regions, agricultural grounds, hills and grasslands.

**Behaviour:**

In captivity, the Naja behaves quite docile and can be handled easily. Although certain accounts say that they can be quite aggressive. They are very curious and follow every movement inside and outside their enclosure. When they sense danger, they become erect and spread their in an attempt to scare and ward off their attacker, but seldom attack unprovoked. They feed on reptiles like toads, lizards etc, birds, rodents and fish.

**History:**

In ancient Egypt the wide hooded Egyptian cobra was worn on the crowns of the Pharaohs as an emblem of royalty, as a symbol of sovereignty, deity, and divine authority. From this position the cobra was said to be able to protect and defend the king and his kingdom.

Cleopatra, the queen of Egypt had asked for an Egyptian cobra to be brought to her in a basket of figs. She, along with her two attendants intended to commit suicide by allowing the snake to bite her, hence making her immortal.

They are used by snake charmers to sway to flute music or slither up ropes.

**Toxicology:**

The venom of Naja is a neurotoxin and causes widespread tissue damage.

## Naja haje: Drug proving

### PROVER 1: HK

#### CONSTITUTIONAL SYMPTOMS

25/F

1. Pain in the umbilical region, radiating to anus since 2-3 yrs - on & off  
< during stool
2. Tendency to catch cold, coryza with fever  
< dust  
< cow's milk  
< cold drinks
3. Allergic constitution
4. Headache from strong odors  
  
Associated with nausea > eating
5. Pain in both lower limbs < sitting for long  
  
Sciatica < lt limb
6. Chronic headaches - forehead < emotional excitement  
  
< lack of sleep  
  
< hunger  
  
< strong odors  
  
< sun
7. Acne, greasy face  
  
Tendency to scar - after every injury
8. Abdomen - distension sensation of.

**Physical Generals -**

Appetite - Cannot tolerate hunger - sweating, trembling, giddiness, headache

Cr- chocolates, pungent

Av - meat++, garlic

**Stool -**

Occ constipation

**Urine -**

Normal

**Thermals -**

Hot

**Perspiration -**

Scalp, back

**Female -**

Irritability & dullness before menses

Itching & burning of vagina before menses

**Sleep -**

Position - lt side

**Mind -**

Conscientious. Untidy <. Fastidious. Strong sense of duty ++.

Cannot support injustice. Dogmatic. Sympathetic. Benevolent. Cannot answer when emotionally upset. Sensitive to criticism, to rudeness.

Anger - weeping alone. Injustice cannot support. Religious. Fear of lizards. Reserved

**HK 200**

18/06/09

**Nose -**

Rt nostril blocked

**Throat -**

Irritation - rt



**Extremities -**

Tingling numbness - Lt palm > Lt forearm

Heaviness - Lt hand

**Sleep -**

Disturbed thrice, unrefreshing

**Vertigo -**

After getting up from sleep

**Eyes -**

Heaviness of eyes

**20/06/09**

**Mind -**

Dullness till afternoon.

**Back -**

Pain - lumbar lower region.

**Stomach -**

Nausea - afternoon till evening

**Generals -**

Ice - cream >

**Dreams -**

Dr Master has changed. He has become very arrogant towards us. He has turned into an angry man and he is shouting & yelling at all assistants.

**21/06/09**

**Mind -**

Anxiousness decreased

As such I am short tempered person, but now my irritability has decreased

Feel very calm & peaceful person

Wants to stay alone.

**Extremities -**

Legs - pain bilateral

**Dreams -**

My mom was talking to some guy, I don't remember how I took the mobile & started conversing with him. In a short conversation I felt he is the man whom I should get married (but in real life I don't even make friends easily even after seeing them or understanding them nicely). In the second phase of my dream I am at some other house which is mine but in reality it is not mine. It is on the 1<sup>st</sup> or 2<sup>nd</sup> floor, one guy of the building is doing something with his car, I was standing in the balcony & he looked at me very lovingly, I got scared and I went inside.

**22/06/09**

**Stools -**

Hard & unsatisfactory

**Abdomen - after stools -**

Pain in lower abdomen radiating to genitals, extending to rectum.

**Extremities -**

Pain - whole hand - lt.

**Mind -**

Standing & absorbed in my own thoughts & when people were telling me things, I didn't want to talk, as if I became a dead body or a robot just following instructions.

**23/06/09**

**Throat -**

Irritation

**Cough -**

Dry, irritating

**Extremities -**

Pain bilateral lower limbs esp below knee

**24/06/09**

**Extremities -**

Pain bilateral lower limbs esp below knee.

**Female -**

Sensation as if menses would appear, though LMP- 6/6/09

**25/06/09**

**Female -**

Sensation as if menses would appear persists.

**Nose -**

Obstruction - rt nostril.

Discharge - thin, watery from rt nostril.

**Head -**

Headache with feverish feeling.

**26/06/09**

**Female -**

Itching of vagina < evening. It is a symptom before menses.

**27/06/09**

**Extremities -**

Sciatica - rt sided

< standing

**29/06/09**

**Head -**

Heaviness < sleep after

**Eyes -**

Heaviness < sleep after

**Head -**

Pain - side lt

**Eyes -**

Pain - side lt

**Sleep -**

Sleeping > for 2hrs

**Abdomen -**

Sudden pain lower abdomen + rt groin while performing namaz

**Mind -**

Irritation increased

I am getting irritated on people walking on bridge because they walk as if they are walking in a garden.

**Dreams -**

I got a dream that we family members are going somewhere in car & under Chembur bridge someone told me to get down & go somewhere, I don't remember what happened afterwards. In the second phase - my cousins came to my home. In the third phase - Shivin was teaching us something & in reality the next day he taught us Cup met.

**30/06/09**

**Eyes -**

Stye lt eye + itching

Few days back I had a stye in rt eye.

**Extremities -**

Pain - both legs r > l

Muscular spasm of shoulder is also going on due to much usage of the muscles & also may be due to heavy hand - bag.

**Head -**

Pain

**Nose -**

Sometimes obstruction nose

Sneezing

**Cough -** cough & cold

**05/07/09**

**Dreams -**

I am a teacher in village school and two small boys of same home are coming to school, of whom one is in my class. They are so poor that they

can't even afford buying clothes. The kid comes without a shirt to school & after seeing their condition I m planning how to help them & what are the things his family will require.

**09/07/09 to 15/07/09**

Got burnt on left leg, hence discontinued medicine.

**03/10/09**

**Back -**

Stiffness for 2 days

**Female -**

Leuco - white & sticky

**07/10/09**

**Extremities -**

Pain in rt hand

**Female -**

Pain in uterus radiating to rectum

**08/10/09**

**Extremities -**

Pain - Lt entire hand esp - shoulder

**Stomach -**

Nausea < morning

**12/10/09**

**Female -**

Sensation as if menses were about to appear. LMP - 23/9/09

**13/10/09**

**Eyes -**

Burning b/l since 2-3 days

**14/10/09**

**Female -**

Sensation as if menses were about to appear

**Eyes -**

Burning + tiredness of both eyes

**Extremities -**

Pain - entire rt hand

Neuralgic pain - lt foot

Numbness + stiffness of lt foot

So severe was the pain that was unable to put my foot on the floor.

< slightest touch

< slightest movement

< hanging legs

**Mind -**

Crying with pain

**Sleep -**

Unable to go to sleep due to pain

**Back -**

Stiffness

**15/10/09**

Pain persists but reduced.

**Mind -**

I am very frightened, fear that my left leg is paralyzed.

Or after I sleep I will not get up in morning, so took a dose a Hypericum.

Pain lasted for 3 days.

**19/10/09**

**Extremities -**

Rt arm - dull heavy pain, in triceps

**20/10/09**

Pain lasted for 2 days.

**21/10/09**

**Female -**

Menses - started today

**Chest -**

Pain chest < during menses

Palpitation 3 - 4 times < first day of menses

**22/10/09**

**Eyes -**

Stye - lt eye upper lid

Stopped drug as got cold & cough.

**26/10/09**

**Eyes -**

Stye - pain + increased in size + redness

**Mind -**

Since a few days whenever I see people spitting on the road I feel like slapping them on the face which never happened before.

**27/10/09**

**Eyes -**

Stye - has reduced in size.

Discharge - cream like, sticky from eye

**Mind -**

2-3 times someone is watching me, but when I saw there, there was no one.

**Face -**

Small swelling in pre - auricular area which is tender to touch.

**28/10/09**

Swelling still persists, but reduced in size.

### **November 2009**

#### **Chest -**

Palpitation < during menses

#### **Mind -**

Confused in taking decisions, which was never there before.

Aversion to talk, don't want to answer people & if I have to then I get irritated.

#### **Dreams -**

Twice - of ghosts

Dream of criminals, they came in our area & are trying to kill us & in that situation, I am trying to hide from their eyes & working hard to escape from that environment - +2.

Combined dream of some racing competition + somebody's wedding function is there & I am getting ready + I am standing in a queue to go to washroom.

I have got some skin disease which is very ugly. Thickening of skin, incurable disease & I am visiting many doctors, but there is no hope, it is incurable.

#### **Eyes -**

Sensation as if someone has beaten up my eyes, bruised sensation in both eyes

Eyes have become very sensitive to sunlight

#### **Extremities -**

Sensation of heat in my lt thigh

#### **Female -**

Menses - flow less.

### **December 2009**

#### **Dreams -**

I & my brother went to one of our relative's house but they were invited for lunch by their



relatives, so they took us to their home, we went but I was very embarrassed eating over there as I was not invited, feeling of running out soon from that house, then I came down & saw that two of my aunts came to our house & I was really very happy.

I have to go to someone's wedding & I also got a dream of water, many sprinkles?STREAMS It is very beautiful & pure.

I am going to someone's wedding & other phase is my best friend & some foreigners & myself, we are enjoying a lot, laughing & playing games, it was a beautiful & relaxing dream.

Dream of sitting in 1<sup>st</sup> class compartment of train & then I realized that this is 1<sup>st</sup> class, if TC comes & catches me then, so at the next station I get down & go in next compartment, but that is also 1<sup>st</sup> class this happens 3 - 4 times - in this dream I am searching my own safe place.

#### **Extremities -**

Numbness of rt leg & lt entire body

#### **Mind -**

Getting sad on listening to sad stories

Feeling as if house has become very small

Anger, whenever I see people spitting on the road I feel like slapping them on the face which never happened before.

I think I am getting much sympathetic & helping people a lot inspite of present environmental condition.

#### **Female -**

During menses I have heaviness of lt mammae & numbness of entire lt side of body

#### **Respiration -**

Difficult in inspiring & pain in diaphragm , menses during

#### **January 2010**

##### **Mind -**

Sadness after anger, it is tremendous sadness.

Anger, I am very abrupt now when I get angry which was never the case before, because of my cowardly nature.

Anger has increased.

### **Dreams -**

Some racing competition is going on & I am one of the participants.

Of the same place, when before terrorist came to our area, the area is the same but in reality

it is not the same place where I live.

Again something happened & my family members went to some other place & I m alone there,

I am very afraid & terrified being in that area. Scared of my security, again the same feeling to

hide myself from sight of others.

I am in 7<sup>th</sup> std, I am degraded, but I am very happy to meet my old friends. And they are all shocked seeing me back.

I have gone to someone's wedding.

I am in train, the train has halted somewhere & there is darkness outside & again the same feeling of insecurity.

Dreams of quarrelling, with a maid of an aunty who stays on the 1<sup>st</sup> floor, I argued with her horribly in front of my main door - in that I won (I proved my point) but then when she left I thought shit how I quarreled with her like a lady living in slum area & started fearing about my image.

In reality - Next day I had a fight with somebody, in the bus I had a fight with the conductor. I was quarreling with him in anger + crying at that moment because may be I was helpless & also I didn't want to be late for clinic or else I would have not left him accepting my mistake though it was not.

### **Throat -**

Pain rt side (last month & this month)

### **Ear -**

Pain + irritation - rt side

## PROVER 2 - SS

### CONSTITUTIONAL SYMPTOMS

25/F

#### Chief Complaint -

1. Tendency to catch cold < cold drinks  
< cold food  
< sun  
Nose - sneezing, coryza, lt > rt
2. Hair fall

#### Physical Generals -

Appetite - good, finicky eater.

Hunger at noon.

Craving - Spicy++, Sour++

Aversion - Sweets+++, dry food, cold food & drinks.

#### Thirst -

Increased

#### Stool -

Constipation before menses

#### Urine -

Normal

#### Thermals -

Chilly, < draft of air

#### Perspiration -

Moderate - axilla

#### Sleep -

Position - lt side

#### Mouth -

Salivation during sleep

#### Mind -

Fear of water

Sensitive to rudeness+++ , gets hurt

Weeping disposition

Yielding disposition

Coquettish

Impressionable

Likes travelling

Sympathetic

Benevolent

Laughs unnecessarily

Pampered

Shy

Self conscious

## **SS 30 PROVING SYMTOMS**

**24/06/09**

**Generals -**

Body pain - mild

**27/06/09**

**Head -**

Pain - mild

Type of pain - pulsating

< morning till afternoon 3 p.m. - 4 p.m.

> sleeping

< reading newspaper

< rest

< sitting idle

**Extremities -**

Pain - lt leg

Dull pain

**Sleep -**

Drowsiness++

Sleepy feeling even after sleeping

**Dreams -**

Of Sir scolding me

**28/09/09**

**Extremities -**

Pain - Lt leg persists

< standing for long

< evening

**29/06/09**

**Eyes -**

Irritation - rt eye - outer canthi

> rubbing with hands

**30/06/09**

**Mouth -**

Stomatitis

Lower lip

Associated with irritation and discomfort

< touch

**Eyes -**

Irritation

Feel like scratching

> scratching

**01/07/09**

**Mouth -**

Stomatitis

Burning pain, severe pain

< touch

< talking when

< eating

Type of pain – smarting

Severe irritation

Abdomen – pain colicky

< afternoon 4 p.m.

**02/07/09**

No dose taken.

**Mouth –**

Stomatitis <<<

< night +++ ( after 12 midnight)

< eating / drinking

<Touch

> keeping mouth open

Sleep – disturbed because of the pain.

**03/07/09**

No dose taken.

**Mouth –**

Aphthae – irritation persists

With severe burning pain +++

< talking

< night +++ (mostly 11 p.m. – 12 a.m.)

Look of aphthae – very reddish at edges and also redness surrounding the aphthae

**Extremities –**

Pain lt hand, right finger

Mind – Frustrated feeling & agitated because of pain

**04/07/10**

No dose taken.

**Mouth -**

Aphthae persists with irritation & Pain.

< eating

< touch

> keeping mouth open

< night ( 11 p.m. - 12 a.m.)

**Generals**

Restlessness

**Sleep -**

Sleep disturbed because of pain

**05/07/09**

No dose taken

**Extremities -**

Pain rt wrist joint

< movement of wrist

< movement of hand

< morning waking on

> evening

> night

**Mouth -**

Aphthae - little better

**06/07/09**

No dose taken

**Mouth -**

Aphthae better, no pain

**Nose -**

Sneezing 2 - 3 episodes

**Throat -**

Dryness

**Stomach -**

Thirst - increased

**07/07/09**

No dose taken

**Eyes -**

Irritation

< morning

Irritation persisted for thirty minutes

< keeping eyes open

> closing eyes

**Nose -**

Sneezing 2 - 3 episodes

**Mouth -**

Dryness

**Throat -**

Dryness

**Stomach -**

Thirst increased

**Dreams -**

Of water, I am with my family and then suddenly water is coming from all sides. We escape by going on a rock like thing and water is coming from all sides. I have tremendous fear of drowning.

**08/07/09**

No dose taken

**Nose -**

Discharge ++ - thin, watery, rt nostril followed by lt

Sneezing +++

> warm water

< sleep after



**Mouth -**

Dryness

**Stomach -**

Thirst increased

**09/07/09**

Nose -

Discharge - watery, thin, transparent - lt side

Sneezing - violent +++

**Generals -**

Body pain < evening

Cr - spicy food

**Eyes -**

Heaviness

**Mouth -**

Bitter taste

**Cough -**

Dry, short bouts

**Throat -**

Irritation +++

Dryness

**Stomach -**

Thirst increased

**10/07/09**

Nose - discharge same like yesterday continues.

Sneezing>

Bodyache.

Eye - heaviness >

Mouth - bitter taste - persists

Cough>

Throat - irritation - >

Stomach - thirst short intervals.

**11/07/09**

Nose - discharge - stopped.

Cough - better.

Eye - Heaviness>

No bodyache

No Sneezing

Thirst Increased.

**12/07/09**

All symptoms of cough and cold >

Not taken medicines for one month as I was fasting.

**07/10/09 - 09/10/09**

No symptoms.

**10/10/09**

**Extremities -**

Pain and weakness - Lt hand

With sensation of no strength in Lt hand

Pain - Lt leg

Numbness - Lt hand and Lt leg

**11/10/09**

**Dreams -**

As if I am a criminal, along with two of my friends and I have a fear of being caught by police.

Of a violent bomb attack. Here I am going from clinic to home, when suddenly the entire atmosphere gets tensed, havoc everywhere. Suddenly police vans come, traffic is curtailed. I am telling all the people to come out

of their houses and shops, which means I am helping people to be safe and come out of their buildings because bomb is planted in their houses. I am running and shouting and telling people to come out, also telling people that if they see a stony object then it is dangerous as it can be a bomb.

**Mouth -**

Aphthae - lower lip - rt side

**12/10/09**

**Female -**

Leucorrhoea - whitish, yellowish, thread like

**Face -**

Eruptions - small boils, especially around nose and near eyebrows

**Mouth -**

Aphthae present, but not painful

**13/10/09**

**Female -**

Leucorrhoea - whitish, yellowish >

**Face -**

Eruptions - small boils, especially around nose > , no pain, and near eyebrows - increased in size, no pain.

**Mouth -**

Aphthae - gone

**14/10/09**

**Female -**

Leucorrhoea - mild

**Face -**

Eruptions - small boils - persists

Extremities -

Lt hand - pain and weakness

**15/10/09**

**Female -**

Menses - delayed, LMP - 14/10/09

**Face -**

Eruptions - small boils on nose gone, on eyebrows persists

**16/10/09**

**Female -**

Leucorrhoea - whitish, yellowish mild

Menses delayed

**Face -**

Eruptions on eyebrows persists

**17/10/09**

**Female -**

Menses delayed

**18/10/09**

**Female -**

Menses delayed

**Face -**

Eruptions on eyebrows reduced

**19/10/09**

**Female -**

Menses - appeared

Bleeding heavy for 2 - 3 days

**20/10/09**

**Mind -**

Feeling of dullness

**November 2009**

**Chest -**

Pain Lt > rt mammae

Heaviness of mammae

< during menses

> after menses

**Female -**

Menses - delayed by one week

Profuse on 5<sup>th</sup> and 6<sup>th</sup> day

**Face -**

Eruptions - boils with no discharge

**Nose -**

Discharge - watery

**Stomach -**

Thirst increased

**Rectum -**

Diarrhoea - loose, watery stools

**Dreams -**

Clairvoyant. I saw a dream that I am on a beach with not many people. Then suddenly the waves start coming towards me and slowly the waves are getting higher and covering the entire beach. The water is spreading all over. I am deep in water. Water is rising and I am shouting for help. All people are drowning as if a Tsunami has com. The other day in news it was shown that a cyclone would hit Mumbai.

**03/12/09**

**Mouth -**

Aphthae - lower lip

Pain - burning and irritation

< warm food and warm drinks

**05/12/09**

**Mouth -**

Aphthae persists - lower lip

Pain - burning and irritation

< warm food & warm drinks

**09/12/09**

**Mouth -**

Aphthae >

Irritation >>

**11/12/09**

**Chest -**

Heaviness (may be pre-menstrual symptom)

**11/12/09 - 16/12/09**

**Chest -**

Heaviness persists

**17/12/09**

**Female -**

Menses - profuse

**Abdomen -**

Heaviness

**19/12/09**

**Female -**

Menses - profuse

**21/12/09**

**Face -**

Eruptions - boils

**Dreams -**

Clairvoyant. I saw a dream of one of my cousin who had not visited me since a long time, and in reality the next day that cousin came home.

## **January 2010**

### **Extremities -**

Pain - Lt hand and Lt leg

Associated with tingling numbness

Unable to feel strength in hand

### **Head -**

Hairfall - which was present is better now

### **Female -**

Leucorrhoea - white, creamish, thick

< menses after, lasted for 1 - 2 weeks

Menses - delayed

profuse, bright red, clots - occasional

### **Chest -**

Heaviness

Tenderness of mammae

< after menses

### **Mind -**

Anger at trifles

Says things directly to the person on his face

Extroverted

Can express my views more openly now

I have become more active after drug proving

**PROVER 3 - BM 30**

**CONSTITUTIONAL SYMPTOMS:**

**23/F**

**Chief complaint:**

- 1) acne scars since 3-4 years
- 2) facial hair since 2-3years

**Physical generals:**

Desires: sweets, ice-cream, spicy foods and fried food

Aversion: papaya, chickoo

Thirst: 1-1.1/2 litre/day

Stool, urine: normal

Perspiration: axilla, back, scalp of head

Sleep: good

Dreams: I have gone to new places eg, Egypt, and is in pyramid and searching something.

Thermal modality: hot

Menstrual history:



FMP- 13yr

LMP- 26/3/10

M/H- lasts for 4-5 days, regular, dark red, non-offensive, no clots, moderate

Before menses: occasionally get cold

During menses: mild pain in back-lower and lower limbs

Mentals:

- I am shy, quiet in nature who does not speak much in group
- I enjoy drawing, painting and love adventurous activities, dare-devil sports
- I hate politics in which unnecessary people keep criticizing each other, I don't believe in groupism instead I feel if every1 are together than all can help each other in various ways
- I donot like gandhiji, as he was responsible for partion which affected many lives, instead belive in people like bhagat singh n group who sacrifice their life for country without hurting any body
- I like to do social work, teach the child of bhaji wala uncle.
- I love animals

My childhood:

Was good enough, I was good in academics and always participated in programmes held during annual day, independence, republic days.....

I didn't enjoyed family functions, as my paternal grand parents never liked us as they wanted BOY child from my parents☹ it was like they always ignored me and my family....which resulted me being quite at social gatherings

Today I have forgiven them 4 whatever they did as they are elder and know much better than me, my parents continue to serve still for the relatives but I cannot, I have lost all patience and am tired of such sick behaviour and feel cant tolerate anymore

My college days were also good, enjoyed every moment. During my years at college I was bit more introvert than usual.

## **PROVING SYMPTOMS**

**02/04/10**

**Face -**

Whitish scaly eruption under right eyebrow with itching and burning

**Sleep -**

Sleepless till 3.30 a.m., but felt fresh and felt like going out

**03/04/10**

**Face -**

Eruptions are the same

**Sleep -**

Sleepless till 3.30 a.m., but felt fresh and felt like going out

**04/04/10**

**Face -**

Eruptions are the same

**Sleep -**

Sleeplessness till 3.30 a.m., but felt fresh and felt like going out

**Fever -**

Feverish feeling only for half day

**05/04/10**

**Fever -**

No feverish feeling

**Sleep -**

Sleepless till 3.30 a.m., but felt fresh and felt like going out

**Eyes -**

Itching and tired feeling in eyes > ice application

**06/04/10**

**Extremities -**

Severe pain in right knee < sitting, standing

No complaints on walking

**Sleep -**

Sleeplessness till 3.30 a.m., but felt fresh and felt like going out

**07/04/10**

Did not take medicines

**08/04/10**

**Sleep -**

Sleep better

**Face -**

Eruptions - SQ

**Eyes -**

Itching eyes > ice application

**Mind**

Let go nature, not affected by others' opinion

**09/04/10**

No new symptoms

**10/04/10**

No new symptoms

**11/04/10 - 12/04/10**

No new symptoms

**PROVER 4 KS 30**

**CONSTITUTIONAL HISTORY:**

**23/F**

Pustular boils on upper back and arm. Leaves scars since 4-5 yrs.

Dandruff.

Physical generals:

Appetite: moderate.

Hunger headaches.

Thirst: 1 glass/day.

Desires: sweet

Perspiration: scanty, back.

Thermals: hot.

Sleep: position: abdomen

Dreams: daily events.

Mentals:

Anxiety about family members. Cannot show her anger. Can forgive but cannot forget. Artistic. Creative. Perfectionist. Fastidious. Secretive. Won't share anything. Consolation aggravates. Shy.

## PROVING SYMPTOMS

11/02/10

**Nose -**

Sneezing with profuse watery coryza dripping from the nose

**Female -**

Leucorrhoea - profuse, watery, non-offensive, non-staining, no itching

**Stomach -**

Appetite - increased

**Sleep -**

Disturbed, gets sleep early morning around 4.00 a.m., therefore difficult to get up at 7 a.m. or 8 a.m. to do routine activities.

10/03/10

**Mind -**

Sensitive to relationships (family, friends)

Confused

Indecisive (thinks a number of times before doing it and then regrets

Imaginary fears, for e.g. while travelling in train, feels what if my train crashes with another train.

17/03/10

**Nose -**

Violent sneezing, 5 - 6 at a time followed by dry nose followed by profuse watery discharge from nose

Sneezing paroxysmal

**Generals -**

Weakness with feverish feeling

**Mind -**

Irritable  
Anger at trifles

**03/04/10**

**Female -**

Menses delayed by 5 days

Last menses 28/03/10 and then on 02/04/10

Sensation as if menses would appear

**09/04/10**

**Sleep -**

Sleeplessness until 4 a.m.

**Mind -**

Irritable, tendency to let go things

**PROVER 5 - JS 30**

**CONSTITUTINAL SYMPTOMS**

**25/F**

**Chief complaint -**

Known case of polycystic ovaries.

Irregular menses since 8 - 9 years.

Menses every 2 - 3 months.

Metrorrhagia with clotted flow of dark red blood.

Tendency to catch cold.

**Physical Generals -**

Appetite - Good

Cr - Sweets +2

Aversion - Tomatoes, aubergines

**Thirst -**

Good

**Stool -**

Constipated and unsatisfactory

**Urine -**

Normal

**Thermals -**

Chilly

**Perspiration -**

Profuse, especially on face, axillae and chest.

**Sleep -**

Position - abdomen

**Dreams -**

No dreams

**Mind -**

Very reserved childhood

Hides her true emotions

Secretive

Very short tempered, but now is better

Helpful

Perfectionist individual

Uncleanliness aggravates

Fear of dogs and water

Suppressed anger in childhood

Hatred towards father, used to keep grudges against people. But now has learnt to forgive

Romantic

**Hobbies -**

Reading, listening to music and playing outdoor games

**PROVING SYMPTOMS:**

**March 2010**

**12/03/2010**

No symptoms

**13/03/10**

No symptoms

**14/3/10**

**Skin -**

Intense itching in the left palm, nodular eruption with punctum

**Urine -**

Increased frequency of urination at night

**15/03/10**

**Female -**



Leucorrhoea: before menses

Leucorrhoea: sticky ,white

**16/03/10**

**Skin -**

Left palm - excessive itching

**Dreams -**

Of being photographed

**17/03/10**

No symptoms.

**18/03/10**

**Sleep -**

Extreme drowsiness and sleepiness

**Eyes -**

Eyes burning with drowsiness

**19/03/10**

No symptoms.

**20/03/10**

**Mind**

Very irritable and impulsive

Anger at trifles

Just wanted to shout at people but controlled herself

**21/03/10**

No symptoms

**22/03/10**

**Stomach -**

Pain in abdomen during menses

**Back -**

Pain - severe low back pain during menses.

Unable to bend forward

**Mind -**

Dull and lazy

**23/03/10**

Drug not taken

**29/03/10**

**Chest -**

Pain on right side of chest radiating to left shoulder, < pressure

**PROVER 6 - AR 30**

**14/06/09**

**Extremities -**

Tingling numbness in both legs

Pain ankle joint r > l

**16/06/09**

**Sleep -**

Sleepiness

Sleepiness < evening

**Head -**

Eruptions - scalp

**22/06/09**

**Abdomen**

Sensation of tightness in waist region

**Mind -**

Weakness of memory

**Generals -**

Excessive heat feeling > fresh air

**25/06/09**

**Extremities -**

Pain in joints of lower limbs - ankles and knee

**03/07/09**

**Generals -**

Feverish feeling

**Extremities -**

Numbness - in both soles

**Nose -**

Coryza

Sneezing

**Cough -**

Cough???

**10/07/09**

Excessive feeling of heat

**Head -**

Pain???

**Generals -**

Body pain

**06/09/09**

**Mind -**

Dullness

**Head -**

Heaviness

**Extremities -**

Tingling numbness

**10/09/09**

**Mind -**

Unwanted thoughts coming and going

**10/10/09**

**Abdomen -**

Squeezing sensation

**Stomach -**

Nausea

< brushing

< eating while

**18/10/09**

**Extremities -**

Eruptions - b/l thigh

Itching < undressing when

**04/11/09**

**Extremities -**

Pain - knee < motion

Pain - calves

**10/12/09**

**Face -**

Eruptions - herpes - lips

**11/12/09**

**Abdomen**

-Pain

**PROVER 7 - DM 30**

**CONSTITUTIONAL SYMPTOMS:**

**23/M**

Hairfall.

Baldness. Dandruff: itching of the scalp.

Eyes: strabismus: bilateral.

Lean thin person.

Nailbiting.

Physical generals:

Thermal: chilly

Desires: sweets, fried food.

Aversion: coconut

Sleep: unrefreshing, position: back with hands on the head.

Dreams: daily affairs, movies.

Perspiration: chest, back.

Physically: restless, fidgety.

Oily scalp, face.

Mentals:

Irresolute, yielding. Weakness of memory. Difficult concentration. Conscientious of trifles. Lack of confidence. Anger from criticism. Timid, lazy. Likes company. Self reproach. Loves music, loves change.

**PROVING SYMPTOMS:**

Started taking drug on 05/02/10

**07/02/10**

**Nose -**

Sneezing 6 - 7 times a day < exposure to cold air

Discharge - scanty, transparent, thick

**08/02/10**

Same symptoms + ??

**Throat -**

Dryness

**09/02/10**

**Nose -**

Obstruction

Snuffles

Sneezing - SQ

Sinusitis - pain left maxillary and frontal sinus. Pain goes to left upper molar

Discharge - thick, sticky, yellow - stains handkerchief

Crust formation in nose

Boil in the nose (one side, then another)

**Larynx and Trachea**

Voice - nasal

**Generally (no particular date)**

**Extremities -**

Pain in the legs - muscular, dull pain

< standing

Anterior thighs < calves

With desire to sit, lie down or move about



**PROVER 8 - PM 30**

**CONSTITUTIONAL SYMPTOMS:**

**25/F**

Tendency to catch cold < cold weather, cold draft, < cold food and drinks.

Cough<sitting

Acne: face. Oily face.

Physical generals:

Appetite: normal

Hunger < evening 5-6 pm. Hurry while eating.

Thirst: normal.

Desires: spicy, pungent.

Sleep: position: abdomen.

Perspiration: face

Stools: normal.

Urine: normal

Thermals: chilly.

Menstrual history: 2-3 days/ 30 days.

Non clotted.

Mentals:

Lives with parents and younger brother. Loves travelling, loves music.

**PROVING SYMPTOMS:**

**Feb & March**

**Mind -**

Lack of concentration while reading

Forgetfulness

**Head -** Frontal heaviness with prostration

**Sleep -**

Sleeplessness

**Eye -**

Boil right supraorbital

**Extremities -**

Pain - rt wrist

## **Naja Mossambica Pallida: Mozambique Spitting Cobra**

It is considered one of the most dangerous snakes in Africa, second only to the African Mamba snake. It can spit its venom causing severe local tissue destruction.

### **Morphology:**

It is relatively small and slender in its proportions as compared to other cobras. It has a huge head with large swollen venom glands which can be seen very clearly and the sides of its head. It has large eyes with round pupils. They measure 70-120 cms with a maximum of 150 cms. The tail is long and it has a cylindrical body. They usually are a pale orange red colour, with a broad steel blue or black throat band, but the colour varies according to where the snake is found ranging from reddish to yellow, pinkish, pink-grey, pale red or steel grey.

### **Habitat:**

It is found in the Eastern parts of Africa i.e. Kenya, Tanzania, Somalia and Northern Sudan. The Mozambique snake prefers grasslands, semi desert regions and they are often found near water holes where they hunt on frogs. The adults are nocturnal and during the day hide underground or in termite hills and old logs.

### **Behaviour:**

The Mozambique snake, in captivity is a fairly pleasant and calm snake. However, if they are freshly caught they are quite ferocious and defensive, hissing loudly and readily spitting venom in the direction of their attacker at a distance of 2-3 meters with remarkable accuracy. They can be nervous, can rear up to as much as two-thirds of its length and spread its long narrow hood. They feed on amphibians, reptiles, birds, eggs and mammals.

They are known to be cannibalistic; hence, juveniles and smaller specimens are day active while adults are nocturnal.

**Toxicology:**

It spits its venom causing severe local tissue destruction. Venom to the eyes can also cause impaired vision or blindness.

## **Naja Mossambica Pallida: Drug Proving**

### **PROVER 1 PS**

### **CONSTITUTIONAL SYMPTOMS**

**24/F**

No physical complaints.

#### **Speech -**

Hasty

#### **Generals -**

Appetite - Can tolerate hunger

Aversion - leafy vegetables

Craving - sweets, chicken

#### **Thirst -**

Thirstless

#### **Thermals -**

Hot

#### **Perspiration -**

Upper lip

#### **Female -**

Menses - no complaints, regular

#### **Sleep -**

Position - back

#### **Mind -**

Sensitive to criticism

Sensitive to opinion of others

Delusion - ugly she is

Loves to write poems, of disappointment

Inferiority complex

Disappointment in love  
Image conscious  
Ambitious

**PS 30**

**PROVING SYMPTOMS**

**08/10/09**

**Face -**

Eruption - Pustular - on glabella - forehead  
Disappeared after 3 days

**09/10/09**

**Dreams -**

Mother nursing her child

**10/10/09**

**Dreams -**

Missing bus, when I was about to wake up

**12/10/09 - 15/10/09**

**Nose -**

Coryza with obstruction of nose

Snuffles

**Throat -**

Infection

**16/10/09**

**Generals -**

Feverish & giddiness inspite of having enough breakfast

**Vertigo -**

Vertigo with sensation that I will fall to the lt side

**Mind -**

Dullness the entire day

Confused

Concentration difficult

**18/10/09**

**Mouth -**

Aphthae - hot feeling

< touch

< water

< spicy food

**23/10/09**

**Chest -**

Soreness - rt mammae < menses during

**24/10/09**

**Rectum -**

Diarrhoea < menses during

Medicine stopped for 2 days.

**05/11/09**

**Face -**

Eruption - lt eye-brow

**07/11/09**

**Mouth -**

Persistent bad taste in mouth on getting up in morning

**12/11/09**

**Dreams -**

I am in a very unsophisticated area, maybe a place for prostitution. I am being pursued by a lady to get involved in prostitution this lady is a foreigner, but somehow escaped.

**13/11/09 - 16/11/09**

**Extremities -**

Numbness - lt thumb

Sensation as if electric current flowing through it when holding any object

**18/11/09**

**Dreams -**

I am with my old school friends and having fun after many days, happy feeling

**19/11/09**

**Dreams -**

Many, but unable to remember after waking up

**20/11/09**

**Dreams -**

Of missing the train

**23/11/09**

**Mind -**

Egotism ++, as I fought with my dad, gave back answers to him on a very silly reason

Anger at trifle

Anger - violent

Repentance after anger

**24/11/09**

During the day I saw a documentary of bomb blast.



**Dreams -**

I am one of the victims in it.

**26/11/09**

**Dreams -**

Friends from different places gathered together

**27/11/09**

**Generalities**

Sensation of imbalance while travelling in train

Suffocation in crowded places

**01/12/09**

**Dreams -**

Of missing the train

**02/12/09**

**Dreams -**

Of ghosts

One girl who has already died who was her junior came in her dreams and started smothering her, chases her everywhere. Was frightened a lot in the dream.

Body parts exposed

**13/12/09**

**Female -**

Menses - early by 12days

**17/12/09**

**Rectum -**

Diarrhoea < morning

associated with weakness

**21/12/09**

**Generals?? -**

Hypoglycemic episode when I was standing in train

Giddiness with cold perspiration

**Rectum -**

Diarrhoea

**28/12/09**

**Dreams -**

I couldn't reach the clinic on time in spite of trying hard. It was my 3<sup>rd</sup> late remark so I was considered as absent for that day.

**04/01/10**

**Female -**

Menses - early by 10 days

**10/01/10**

**Dreams -**

Scary, so woke up

Somebody was on my neck, it was dark all around, I was unable to utter a single word for help

**12/01/10**

**Mind -**

Irritability increased

Anger - violent followed by sadness.

Feeling of guilt, blaming myself for being aggressive at trifles, and ultimately cried for a long period

**16/01/10**

**Throat -**

Infection

Pus pocket in the rt tonsil

Sensation of rawness as if inflamed

< after eating non-veg, chocolates

Took Merc.i.f

**19/01/10**

**Generals? -**

Giddiness - once in the evening

Suddenly I felt weak, as if all gone sensation in the stomach

**Extremities -**

Trembling of palms

**30/01/10**

**Mouth**

Pain - It gums as if pricking pain It was in my teeth

It lasted for 3 days

**Nose -**

Coryza on and off

Discharge - thick, yellowish, green > blowing the nose

**Cough**

Loose < after eating

**Rectum -**

Constipation, unsatisfactory stools

**Stools -**

Hard

**Female -**

Leucorrhoea - albuminous

< exertion

**02/02/10**

**Face -**

Eruptions - acne - chin - since one month which became reddish and inflamed

Associated with tenderness and itching

**07/02/10**

**Face -**

Mandibular lymph nodes - palpable

Tender to touch

**17/02/10**

**Face -**

Multiple lymphnodes, especially sub-mental and mandibular

**Generals -**

Feverish feeling

**PS 200 (potency increased)**

**Proving started on 01/04/10**

**03/04/10**

**Chest -**

Pain - suddenly I had deep seated but very mild pain in the region of heart

**06/04/10**

**Extremities -**

Trembling of the left thumb

**07/04/10**

**Dreams -**

A baby is born, soon I realized that it is mine. When I woke up in the morning, I experienced motherly feelings. I was very happy in that dream, the feeling was that of contentment.

**10/04/10**

**Vertigo -**

Imbalance while walking, and falling towards left side

**11/04/10**

**Throat -**

Right tonsil had pus pocket.

No pain or difficulty in swallowing.

It happened once before while proving.

**12/04/10**

**Stomach -**

While travelling by train, sudden nausea with giddiness as if a hypoglycemic episode is going to occur

**Extremities -**

Legs gave out as if there is no strength

**Perspiration**

Cold perspiration

I felt relieved after having food.

**Female -**

Menses on 12/04/10 (LMP : 20/03/10)

Leucorrhoea - Albuminous < exertion (through-out drug proving)

**13/04/10**

**Mouth -**

Aphthae - left cheek - burning pain in affected region < eating

> drinking cold

water

## PROVER 2 - PG

### CONSTITUTIONAL SYMPTOMS

25/F

#### Chief complaint

Head pain: vertex or right side. Throbbing, unbearable pain accompanied with nausea.

< sun

< tying her hair

> vomiting

Phonophobia and photophobia.

#### Physical Generals

##### Appetite -

Normal

Cr - Fruits

##### Thirst -

Normal

##### Stool -

Normal

##### Urine -

Normal

##### Thermals -

Hot

##### Perspiration -

Axilla, offensive

##### Female -

Menstrual history: no complaints

##### Stomach

Motion sickness +

**Sleep**

No fixed position

**Dreams**

Many dreams, chain of dreams in one nap.

**Mind -**

Fear of ghosts

Perfectionist

Extroverted

Loves travelling and adventure

Loves drawing, painting

Loves dancing

Loves music

Creative

**PG 30**

**PROVERS SYMPTOMS**

**11/09/09**

**Throat -**

Irritation

**Dreams -**

Saw 1-2 lice in hair

Religious dream - going to a temple and reciting a prayer loudly

**12/9/09**

**Female -**

Menses - too early, LMP - 15/08/09

Color - dark

Scanty

**Dreams -**

Of war

**13/09/09**

**Female -**

Menses - few drops

Dark red to brown

**14/09/09**

**Female -**

Menses - clotted, stringy

Dark brown

Scanty ++

**15/09/09**

**Female -**

Menses - scanty flow

Stringy, clotted, dark brown

**Face -**

Tiny eruptions, 1-2

**16/09/09**

**Female -**

Menses - few drops

**17/09/09**

Female -

Menses - lasted too long but few drops

Clotted and dark, non- offensive

**Dreams -**

Religious



**18/09/09**

**Dreams -**

Of war

**19/09/09**

**Dreams -**

Of going in a train with a baby to a wedding

**20/09/09**

**Head -**

Mild pain - evening - right side head

< Leaving hair open

**Mind -**

A/F - Stress

**21/09/09**

**Head -**

Pain - morning - 5 a.m., got up with headache

Severe rt sided headache

< bending head down

Not > by sleeping

> vomiting

**22/09/09**

**Head -**

Mild heaviness in head

No symptoms from **23/09/09 - 25/09/09**

**26/09/09**

**Throat -**

Irritation - mild

**27/09/09**

**Dreams -**

Many, but don't remember, but I feel that I am brave after those dreams

**28/09/09**

**Female -**

Menses - delayed by almost 10 days

Dark maroon

Clotted

Scanty

**Dreams**

Many in one sleep, but not remembered

**March 2010**

**Dreams -**

-Of dead grandfather who is hospitalized and is going to die soon and he is telling me if I can do anything, then rubs my occiput

-Of Saibaba & he is having photos of Lord Ganesha

-Of cheques

**Female -**

Menses - delayed by 12 days

**Head -**

Migraine - headache - frequency increased

**POTENCY INCREASED TO 200**

No symptoms from 10/03/10 - 14/03/10

**15/03/10**

**Dreams -**

I am killing my brother as there was a lot of studies to be done and I couldn't manage as there were many people at home (there were only 5 of them)

But then I was crying in sleep as I repented for doing it. I had planned to kill my sister also but because I repented killing my brother I didn't kill my sister.

**16/03/10**

**Head -**

Heaviness in head - 6 p.m. -7 p.m.

Felt like an aura of megrim but it didn't blow up to a full blown headache.

**17/03/10**

**Dreams -**

Studying in a college, have many friends, just doing time pass, not studying till the last day of exams. Trying to study on last day and got a little tensed as I came to know the date of exam

**18/03/10**

**Dreams -**

Doing some card gambling for the first time and winning the game. Got lots of money, few were little torn notes.

**19/03/10**

**Dreams -**

Standing outside a temple, refusing to take a bath again to enter in, bored to have bath for pooja

**20/03/10**

**Head -**

Mild heaviness of the head in the evening at 6p.m. < night

**Dreams -**

Had gone to some hill station with friends, the hill station had red soil.  
We were shopping something from the localities over there.

**Extremities -**

Jerking - rt foot < sleep during for 30 secs.

**21/03/10**

**Eyes -**

Flickering of lt eye-lid occurs on and off < morning

**Female -**

Leucorrhoea - watery, gushing ++

**Dreams -**

Trying to bunk college very smartly without getting caught. My friends managed to escape, but I was seen by the principal at the gate, as he was entering the college in his car. Yet, I left the premises in front of him courageously. Then I was planning with my friends about which movie to see.

**22/03/10**

**Dreams -**

My grandmother is gifting me a watch, which has many small tube-lights fitted in it. It was dark at night when she gifted so I just switched on one by one all the tube-lights. I was expecting to see some spirits hidden in the room with that light, but did not see any.

**Extremities -**

Jerking of rt foot < night lying while

**24/03/10**

**Mind -**

Irritability at trifles (would lose her cool in front of patients)

Mistakes in spelling

**25/03/10**

**Dreams -**

Of a romantic scene between Saif Ali Khan and Kareena Kapoor

**26/03/10**

**Dreams -**

One of my recently made friend develops some auto immune neuropathy with some skin eruptions. One of his young nephew develops tendency to catch cold and cough.

**27/03/10**

**Dreams -**

Don't remember

**28/03/10**

**Dreams -**

Don't remember

**30/03/10**

**Dreams -**

I am painting a landscape, in which the main thing was to paint a moon, which took me 3 - 4 hours to paint.

**PROVER 3 - AB 200**

**CONSTITUTIONAL SYMPTOMS:**

**26/F**

Chief complaints: Recurrent sinusitis since childhood.

PND ,

1] Hoarseness of voice with irritation and inflammation of throat followed by dry cough which latter becomes rattling.

Mucus from throat: Yellow colour

< Dust, Smoke, Cold drinks, Ice-cream

Dullness & Sleepiness with complaint.

2] Acidity : Retrosternal burning , Gastric headache, Bloating of abdomen.

< after heavy meal, spicy food.

Physical generals:

Appetite: Easy satiety

Thirst: Thirsty

Craving : Cheese , Milk products,

Aversion : Papaya

Urine: NAD

Stool : NAD

Perspiration : Profuse

Esp. Upper body

Sun: Cant tolerate

Thermal : Hot

Sleeps: on sides

Menstrual History: Pain in thighs and hypogastrium and legs before menses and on 1<sup>st</sup> day of menses.

Cycle: Regular

Mind:

Sensitive to rudeness and reprimands. Gets hurt easily on smallest matter and can't forget hurts. Keeps on thinking about it. Reserved. Shy. Anger with taciturnity, anger at trifles. Cannot bear domination. Weeping with anger.

Life situation :

Childhood: Very polite, sincere and obedient child. Timid.

Lives with parents and younger brother. Relationships are good. Attached to mother.

## **PROVER'S SYMPTOMS**

**13/06/09**

**Face -**

Eruptions - It eyebrow and inner margin of right nostril

Nodular on touch, red papules, painless

**15/0609**

**Extremities -**

Boils over left thigh vesicular

**16/06/09**

**Extremities -**

Another vesicular eruption on left thigh, slightly painful to touch

**18/06/009**

**Chest -**

Few more papular red eruptions - lt chest

**19/06/09**

**Chest -**

Eruption - papular - rt side

Rt mammary gland

**20/06/09**

**Face -**

Eruption - chin papular - painful

No pus

**23/06/09**

**Back -**

Stiffness - lumbar region < morning waking on (lasted for a month)

**25/06/09**

**Head -**

Vertex - sensation as if worm was crawling

**25/09/09**

**Face -**



Eruptions - papular

**27/09/09**

**Nose -**

Sinusitis

Stopped the drug for a long time

**21/10/09 - 22/10/09**

No symptoms

**23/10/09**

**Extremities -**

Folliculitis on right forearm, small white vesicular without pain.

**24/10/09**

**Extremities -**

Folliculitis continues

**Chest -**

Pain - left mammae just below the nipple.

Shooting pain ? stitching pain? > light pressure

**Extremities -**

Numbness of the hands and legs

**25/10/09**

Complaints - SQ

**26/10/09**

**Extremities -**

Numbness of extremities left > right < exertion

**sleep -**

Drowsiness throughout the day, desire to close her eyes and rest

**Head -**

Pain - dull, on the forehead < afternoon till night > sleeping

**27/10/09**

**sleep -**

Drowsiness <

**Head -**

Pain < afternoon, but intensity was less and > pressure

**Chest -**

Pain - mammae left side

**Nose -**

Obstruction of right side < night < lying down

**28/10/09**

SQ??

**Nose -**

Obstruction < morning waking on

Discharge - thin, scanty, right > left

Post nasal discharge

**January 2010**

**Chest -**

On the 3rd day - pain in the left breast, intermittent pain which lasted for 10 - 15 min and happened several times in a day.

Pain was felt over a particular spot, better by pressing over that spot, this lasted for 7 - 8 days. Palpitations on

around 11th day, < lying down,

**Female -**

Menses - 4 days early

**Extremities -**

Pain in the thighs

**Abdomen -**

Pain in hypogastrium which I normally experience before and during menses seemed to be much less since last 2 months. During menses - rash over the gluteal region (bilateral) with itching. It went away 1 - 2 days after menses.

**Mind -**

More sympathetic towards poor and needy people than before  
Secondly, when I am walking around on the road and especially the station, few faces seem to appear known to me at the first glance, and later when I have a second look at them to make sure then I realize that I don't recognize them. This has never happened before and still continues.

**February 2010**

**Chest -**

On the 3rd day - pain in the left breast similar to what was experienced in last month, but in addition there was pain also in the right breast this time and pain in the retrosternal region, heaviness over the retrosternal region, pain left > right.

**Female -**

Menses - early by 4 days again, but this time there was no rash.

**Extremities -**

Pain in thighs and hypogastrium which I normally have, seems to have lessened.

**Dreams -**

Saw a lion, tiger and a leopard together in the dream. Saw myself talking with them but at same time was very scared of them in the dream.

**Mind -**

Symptoms were the same as in the last month.

**PROVER 4 - CS 200**

**CONSTITUTIONAL SYMPTOMS:**

**22/F**

Scoliosis since 3years: Pain in lower back < standing for long.

Pain in the legs: cramping < standing for long.

Delayed menses: since 4-5 years.

Delayed by 2 months. Dark red flow.

Physical generals:

Appetite: normal:

Thirst: normal

Desires: fruits, fruit juices, sweets, spices

Aversion: oily, fried food.

Perspiration: scanty, back

Sleep: sound, position: abdomen.

Dreams: of daily activities

Urine, stool: normal.

Thermals: hot patient

Mind:

Sensitive.Sensitive to criticism.Weeps easily.Cannot share her emotions easily. Obstinate. Loves dancing. Aristic. Organized. Low self confidence. Opinionated. Vulnerable. Cannot see horrible scenes.

## PROVER'S SYMPTOMS

**03/02/10 to 14/02/10**

No symptoms

**15/02/10**

**Female -**

Menses - delayed

**21/02/10**

**Female -**

Leucorrhoea - thick, white, with itching, < afternoon, evening

**26/02/10**

**Throat -**

Irritation

Tendency to hawk

**Stomach -**

Thirst - increased

**02/03/10**

**Throat -**

Irritation

**Female -**

Leucorrhoea - thick, white, with itching

**21/03/10**

**Generals -**

Feverish feeling

**Throat -**

Pain and irritation

Tendency to hawk

**Stomach -**

Appetite reduced

**10/04/10**

Drug taken 4 times

**Throat -**

Irritation

Itching

Tickling sensation

Urge to swallow all the time

Wants to clear the throat all the time (hawking disposition??)

> swallowing liquids

**05/04/2010**

Drug taken 4 times

**Female -**

Menses delayed, not yet appeared

**Sleep -**

Sleeplessness until 2 a.m. but was very fresh and not sleepy at all

Even the next day I was not dull at all, no irritability (we can put this under mind?)

**12/04/10**

**Sleep -**

Sleeplessness until 4 a.m., yet I was very fresh

No dullness / irritability the next day (we can put this under mind?)

**Female -**

Menses delayed, not yet appeared

**Extremities -**

Cramps in the calf muscles, rt > lt, > pressure

**PROVER 5 - RP 30**

**CONSTITUTIONAL SYMPTOMS:**

**24/M**

Tendency to catch cold <draft of air

< change of weather

< winter

Sinusitis < sour

Constipation

Headache < sun, < hot weather.

Cough < winter.

Physical generals:

Appetite: gourmand.

Thirst: cold water.

Desires: cold drinks, ice creams, chips.

Aversion: hot drinks.

Urine: increased frequency at night.

Perspiration: face.

Itching all over the body < sun.

Thermal: chilly.

Mentals:

Aversion to responsibility. Very low self confidence. Dependent on others for his work. Pampered. Very restless, cannot sit in one place. Anger +++< contradiction. Talkative. Cannot tolerate domination. Offended by slightest word.

### **PROVER'S SYMPTOMS**

**04/02/10**

**Stomach -**

Acidity followed by vomiting

**Urine -**

Dark, yellow

**05/02/10**

**Generals -**

Weakness, unable to stand

Weight loss

**06/02/10**

**Stomach -**

Nausea < smell of food, < evening

Appetite - reduced

Vomiting < immediately after food.

Cr - cold drinks, fruit juices

**Chest -**

Palpitation

**Mind -**

Aggressive



10/02/10

**Stomach -**

Acidity < spicy food, > cold drinks

Appetite - increased

**Urine -**

Frequency reduced

**Perspiration -**

Profuse < slightest exertion, < standing

**Generals -**

Cr - cold drinks

**Chest -**

Palpitation < exertion

**Head -**

Pain < exposure to sun

Hair fall has reduced compared to before

**Eyes -**

Discharge - sticky, < morning

**Dreams -**

Of fight between two people whom I don't know

**Mind -**

Irritability +++

Aggressive nature

Fear of being alone ++

Restlessness has increased

**PROVER 6- SG 30**

**CONSTITUTIONAL SYMPTOMS**

**25/M**

**Chief Complaint -**

Congenital history of right inguinal hernia.

Heaviness in the right inguinal region < coughing < eating after < exertion  
> pressure.

Acute pain in the above region occasionally.

Tendency to catch cold with fever < standing or lying on a cold surface.

Pain in throat < cold food and drinks, < sour food and drinks.

Head pain < cold drinks, cold weather, < cold air, < wet hair < sun  
exposure.

**Physical generals -**

Appetite - reduced

Desire - sour++, sweets++, extra salt, warm food & drinks.

Aversion - pungent, oily food.

Weakness & head pain < fasting for long.

**Thirst -**

Reduced

**Stools -**

Has to rush for stools as soon as he gets up in the morning.

**Thermals -**

Chilly

**Perspiration -**

Scanty, on tip of nose, forehead, axilla.

**Sleep -**

Position - abdomen

Restless in sleep

**Dreams -**

Of day to day activities.

Of things which I was unable to do in real life.

**Mouth -**

Salivation sleep during.

Mouth open while sleeping.

**Nose -**

Sensitive to strong odor.

**Stomach -**

Nausea & vomiting - < riding in a bus/car

**Vertigo -**

Looking from high places

**Mind -**

Desires music

Anxiety at trifles

Fear - high places

Sensitive, easily gets hurt

Brooding over past events

Unwanted thoughts throughout the day & night

Want of self-Confidence

Loves - adventure

Dependent

Memory weak for names, places

Weeps - emotionally hurt when

Loves - sympathy

Anger - suppressed

Reserved, but likes company

Shy -introverted

Anxiety - health of family

Negative thinking

Anticipatory anxiety

Fearful person

Aversion to quarrels

Sympathetic

Loves to help people unconditionally

### **Childhood -**

I never demanded anything as a child. Father died when I was 10 yrs old, it still hurts him.

He sits & cries sometimes.

As a child he was very timid and shy.

I can never concentrate on one thing due to which I make mistakes. After my father's death I never had fun or friends or any sort of enjoyment. In my college life also, no new friends as I was not comfortable with new people. Philosophical by nature and I have my own philosophies by which I live. I cannot say no to anybody. I tend to do things to please people.

### **PROVER'S SYMPTOMS**

**13/03/10**

#### **Head -**

Pain accompanied with stiffness of the neck

**15/03/10**

#### **Head -**

Pain - with nausea, with neck stiffness

#### **Neck -**

Pain in nape of neck

#### **Vertigo -**

< turning head quickly

#### **Generals -**

Sensation of heat in body < evening

#### **Chest -**

Palpitation < slight exertion, < slight anxiety

#### **Mind -**

I am able to express my anger more easily

#### **Abdomen -**

Gaseous distention < morning 9 a.m. - 11am., with heaviness in liver region

#### **Stomach -**

Appetite - reduced

Eructations < eating/drinking

**Respiration -**

Difficult < slight exertion

**Mind -**

Anger at trifles

**PROVER 7- HK 200**

**CONSTITUTIONAL SYMPTOMS**

**25/F**

Pain in the umbilical region, radiating to anus since 2-3 yrs - on & off  
< during stool

Tendency to catch cold, coryza with fever  
< dust  
< cow's milk  
< cold drinks

Allergic constitution

Headache from strong odors

Associated with nausea > eating

Pain in both lower limbs < sitting for long

Sciatica < lt limb

Chronic headaches - forehead < emotional excitement

< lack of sleep

< hunger

< strong odors

< sun

Acne, greasy face

Tendency to scar - after every injury

Abdomen - distension sensation of.

**Physical Generals -**

Appetite - Cannot tolerate hunger - sweating, trembling, giddiness, headache

Cr- chocolates, pungent

Av - meat++, garlic

**Stool -**

Occ constipation

**Urine -**

Normal

**Thermals -**

Hot

**Perspiration -**

Scalp, back

**Female -**

Irritability & dullness before menses

Itching & burning of vagina before menses

**Sleep -**

Position - lt side

**Mind -**

Conscientious

Untidy <

Fastidious

Duty ++

Cannot support injustice

Righteous person

Dogmatic

Sympathetic

Benevolent

Cannot answer when emotionally upset

Sensitive to criticism, to rudeness.

Anger - weeping alone

Injustice cannot support

Religious  
Fear of lizards  
Reserved

## PROVER'S SYMPTOMS

### Month of March & April

#### **Chest -**

Eczema - axilla - right more than left  
Eczema below my right breast  
Itching agg touch of water  
Tremendous itching and feels better after itching

#### **Female -**

Eczema- groins

#### **Dreams -**

I have my maths paper, a subject which like. I am in the examination room, it is a 3 hours paper and 2 hours have passed and I am still solving the first question but I still am very calm and positive that I will solve the remaining paper in last 1 hr.

I have completed my BHMS but some new rule is there that we have to do B.Sc after BHMS, so I went to the college to take admission but I saw there that all my classmates had already taken the admission and classes had started 1 month ago. And then I was surprised that how come my friends didn't inform me about the B.Sc. But I was neither anxious, nor angry, instead I was very calm and positive.

#### **Mind -**

I am observing since many days that now I don't get angry on seeing messy room, earlier I used to shout and scold seeing things scattered around

#### **Female -**

Menses are still less

#### **Back -**



Pain after menses

**Eyes -**

Chalazion - left lower lid, it is not going and increasing in size.

## **Ophiophagus Hannah: King Cobra**

The king cobra is the longest venomous snake in the world. It is fierce, agile and can produce large amounts of highly potent venom in a single bite making it the most dangerous and feared Asiatic snakes.

### **Morphology:**

The king cobra's head is large and massive bearing 2 fangs about ½ inch long through which they transfer venom into their prey by their bite. They have two black beady eyes located on the front. The neck is exaggerated due to folds of loose skin on either side of it. On an average, they measure 3.6–4 m (12–13 feet) in length and typically weighs about 6 kg (13.2 lb). Their color varies from olive green, brown to black interspersed with yellow or white crossbands (chevrons). The underbelly is creamy or pale yellow. Juveniles are shiny black with narrow yellow bands.

### **Habitat:**

The King cobra is found in the South-east Asian rainforests preferring rainy and humid climates. It lives in dense highland forests, preferring areas with lakes and streams.

### **Behaviour:**

King Cobras use their forked tongues to receive chemical information in the form of smell by drawing scents into their mouth and transfer them to a special sensory receptor called 'Jacobson's Organ' located in the roof of its mouth. Hence by flicking their forked tongue they are able to locate their prey and attack them. They have exceptionally good vision and can see up to 330 ft (100 m) away. King cobras do not chew their prey, but swallow them whole hence to allow the jaw bones flexibility, the jaw bones are attached loosely by pliable ligaments. As the King cobra is swallowing its

prey, the toxins start digesting the prey. When they feel threatened, they raise up one-third of their body, flattening the neck, showing the fangs and hissing loudly. They are easily irritated by closely approaching objects or sudden movements. The King Cobra is a carnivore and eats mainly other snakes, but will eat lizards, frogs, and sometimes small mammals. The King Cobra is the only snake that builds a nest and guards it until the eggs hatch.

**Toxicology:**

When the King Cobra is born, its venom is as strong as the adult's venom. It will also sometimes spit in its prey's eyes which stings and will kill rapidly if it gets into the blood stream. The poison is a neurotoxin that paralyzes the nervous system of its prey.

## **Ophiophagus hannah: Drug proving**

### **PROVER 1 - NF**

#### **CONSTITUTIONAL SYMPTOMS**

**26/F**

#### **Headache since childhood**

- < sun, lack of sleep
- catarrhal hdk < excessive sleep
- < after waking up from sleep
- < emotional excitement esp. anger + joy
- associated with - nausea & vomiting
- > after vomiting

#### **Gastric headache - (with sour vomiting)**

- > eating after
- < sour
- < as day progresses, < draft of air
- < thinking of the complaint
- < strong odors
- < touching head, < AC draft of cold air

#### **Photophobia with headache.**

#### **Other Complaints -**

Recurrent tcc

ODP - A/F cold frozen food, stress

Sneezing + nasal discharge

Post nasal discharge.

Tonsillitis

Allergic constitution

A/F - artificial ornaments, gets eczematous rash + itching

**Stomach -**

Appetite - good

**Thirst -**

Drinks less

**Generals -**

Cr - Chocolates, chicken, pungent food+++

Av - Veg, honey

**Stools -**

Chronic constipation, straining.

**Urine -**

No complaints.

**Thermals -**

Chilly

**Perspiration -**

Moderate - back and axilla

Offensive

**Sleep -**

Position - rt side

**Mind -**

Fears - of lizards

Claustrophobic

Of being alone in darkness

Of darkness - delusion there are ghosts in the room

Irritability+++

Lots of suppressed anger

Does not like people disrespecting others

Uncleanliness agg, gets very angry.

Possessive about her things. Keeps things of past with her as she is attached to them.

Everything is beautiful for her - spends money on good quality stuff, has good aesthetic sense.

Introspective - keeps thinking of whether she has done something wrong.

Cannot bear injustice

**Childhood -**

Eldest child

Felt neglected as a child as parents had to take care of younger sister (who had asthma).

There was no communication with parents, she was more mature for her age.

During her teenage years - developed hatred for her parents.

She has a separate life as compared to my family.

Father is very dominating, and she cannot tolerate domination.

After graduation, father asked her to support her own self.

So since then doesn't ask for money at all.

Had a past relationship, the guy ditched her, after which she was shattered for a long time.

Lot of grief regarding parents.

Anger - violent, destructive, throws things in anger.

Conscientious

**NF 200**

**PROVER'S SYMPTOMS**

**January 2010**

**Nose -**

Frequent coryza

Discharge - thick, green

Obstruction, with thick green crust formation

Heaviness in root of nose

**Head -**

Pain- catarrhal

Vertex + Lt orbital region

Sensation - hammering -l t orbit

**Dreams -**

Of evil, devil, or Satan around a bon- fire

Of being pursued

Of not being able to finish a task

**February 2010**

**Dreams -**

Of being pursued, by a group of people in a forest in the night. I was not running, was just walking. But I was feeling scared and pursued.

**07/02/10**

**Nose -**

Coryza

Discharge - green, thick

Crusts deep inside preventing proper breathing

After sometime when scabs came out - it was blood stained

**Head -**

Pain - catarrhal

**Stomach -**

Thirst reduced

**Hair -**

Coarse in texture

**20/02/10**

**Nose -**

Coryza - two episodes

Discharge - thick, yellow

Heaviness at root of nose

**Head -**

Pain- catarrhal

Cannot tolerate hair being tied

**Cough -**

Hacking

**Mind -**

Depressed feeling

Sadness

No enthusiasm

Things feel sordid.

More aggressive than before, snappish and less apologetic

**Sleep -**

Woke up at 2 a.m.

**26/02/10**

**Head -**

Pain - bursting

**Eye -**

Pain - It orbit

No matter what I do pain not better

Not > after sleep

**Rectum -**

Diarrhoea < morning waking on

**Sleep -**

Woke up at 3 a.m.

**March 2010**

**Face -**

Eruption - herpes labialis

painless, upper lip

multiple confluent vesicles with swelling

**06/03/10**

**Rectum -**



Diarrhoea < 2a.m., had to rush out of bed

Stools - watery, odorless, yellow, green

**Abdomen -**

Cramping pain

**Fever -**

100° F < evening 5 p.m.

**Stomach -**

Thirst - cold water

**Head -**

Pain dull, nagging

Associated with Pain in Lt orbit + Lt side

**27/03/10**

**Nose -**

Coryza

**Head -**

Pain - catarrhal

Desire - chocolates

**Mind -**

Confused, awkward behavior

Absent minded.

**01/04/10**

**Face -**

Eruption - Herpes labialis

painful, vesicles on the upper lip

**03/04/10**

**Dreams-**

Riding a horse in a field

## PROVER 2- JS

### CONSTITUTINAL SYMPTOMS

25/F

#### Chief complaint -

Known case of polycystic ovaries.

Irregular menses since 8 - 9 years.

Menses every 2 - 3 months.

Metrorrhagia with clotted flow of dark red blood.

Tendency to catch cold.

#### Physical Generals -

Appetite - Good

Cr - Sweets +2

Aversion - Tomatoes, aubergines

#### Thirst -

Good

#### Stool -

Constipated and unsatisfactory

#### Urine -

Normal

#### Thermals -

Chilly

#### Perspiration -

Profuse, especially on face, axillae and chest.

#### Sleep -

Position - abdomen

#### Dreams -

No dreams

#### Mind -

Very reserved childhood

Hides her true emotions

Secretive

Very short tempered, but now is better

Helpful

Perfectionist individual

Uncleanliness aggravates

Fear of dogs and water

Suppressed anger in childhood

Hatred towards father, used to keep grudges against people. But now has learnt to forgive

Romantic

**Hobbies -**

Reading, listening to music and playing outdoor games

**JS 30**

## **PROVER'S SYMPTOMS**

**18/09/09**

**Female -**

Menses not appeared till now.

Leucorrhoea - whitish, sticky.

**19/09/09**

**Female -**

Menses not appeared till now.

**Back -**

Pain - low back pain

**20/09/09**

No symptoms.

**21/09/09**

**Female -**

Menses not appeared till now.

**22/09/09**

**Back -**

Pain - severe low back pain, continuous pain  
< bending forward

**Female -**

Menses not appeared till now.

**23/09/09**

**Female -**

Menses not appeared till now

**24/09/09**

Stopped drug today

**04/11/09**

Drug proving started again

**Female -**

Menses delayed.

Menses - profuse

**Chest -**

Before menses - pain and heaviness in breast

**Female -**

Leucorrhoea: whitish, sticky, ribbon like.

**Mind -**

Increased irritability with trivial things

Confusion of mind, unable to decide what to do in a situation (which never happened before)

Anger at trifles

Very impulsive with anger, actually wants to hit the person but controls her anger

**December 2009**

**Female -**

Menses delayed

Menses - profuse

**Back -**

Pain - pain in lower back during menses.

**January 2010**

Did not take the remedy very regularly due to illness

**February 2010**

**Female -**

Menses - regular

### PROVER 3 - SG

#### CONSTITUTIONAL SYMPTOMS

25/M

##### **Chief Complaint -**

Congenital history of right inguinal hernia.

Heaviness in the right inguinal region < coughing < eating after < exertion  
> pressure.

Acute pain in the above region occasionally.

Tendency to catch cold with fever < standing or lying on a cold surface.

Pain in throat < cold food and drinks, < sour food and drinks.

Head pain < cold drinks, cold weather, < cold air, < wet hair < sun  
exposure.

##### **Physical generals -**

Appetite - reduced

Desire - sour++, sweets++, extra salt, warm food & drinks.

Aversion - pungent, oily food.

Weakness & head pain < fasting for long.

##### **Thirst -**

Reduced

##### **Stools -**

Has to rush for stools as soon as he gets up in the morning.

##### **Thermals -**

Chilly

##### **Perspiration -**

Scanty, on tip of nose, forehead, axilla.

##### **Sleep -**

Position - abdomen

Restless in sleep

##### **Dreams -**

Of day to day activities.

Of things which I was unable to do in real life.

**Mouth -**

Salivation sleep during.

Mouth open while sleeping.

**Nose -**

Sensitive to strong odor.

**Stomach -**

Nausea & vomiting - < riding in a bus/car

**Vertigo -**

Looking from high places

**Mind -**

Desires music

Anxiety at trifles

Fear - high places

Sensitive, easily gets hurt

Brooding over past events

Unwanted thoughts throughout the day & night

Want of self-Confidence

Loves - adventure

Dependent

Memory weak for names, places

Weeps - emotionally hurt when

Loves - sympathy

Anger - suppressed

Reserved, but likes company

Shy -introverted

Anxiety - health of family

Negative thinking

Anticipatory anxiety

Fearful person

Aversion to quarrels

Sympathetic

Loves to help people unconditionally

**Childhood -**

I never demanded anything as a child. Father died when I was 10 yrs old, it still hurts him.

He sits & cries sometimes.

As a child he was very timid and shy.

I can never concentrate on one thing due to which I make mistakes. After my father's death I never had fun or friends or any sort of enjoyment. In my college life also, no new friends as I was not comfortable with new people. Philosophical by nature and I have my own philosophies by which I live. I cannot say no to anybody. I tend to do things to please people.

**SG 30**

**PROVER'S SYMPTOMS**

**09/02/10**

**Rectum -**

Frequency increased, 2 - 3 times a day

**Urine -**

Burning since 5 - 6 days < morning

**Extremities -**

Weakness in legs < standing

**Sleep -**

Sleepiness all day

**Face -**

Eruptions - acne - nodular, reddish, painful since 6 - 7 days

**Chest -**

Palpitation < slight exertion, < slight anxiety, < any emotion

**Dreams -**

In dreams also I have started showing my anger

**Mind -**

Anger at trifles

Now I am expressing my anger



Confusion increased than before

**PROVER 4 AB 200**

**CONSTITUTIONAL SYMPTOMS:**

**26 /F**

Chief complaints: Recurrent sinusitis since childhood.

PND ,

1] Hoarseness of voice with irritation and inflammation of throat followed by dry cough which latter becomes rattling.

Mucus from throat: Yellow colour

< Dust, Smoke, Cold drinks, Ice-cream

Dullness & Sleepiness with complaint.

2] Acidity : Retrosternal burning , Gastric headache, Bloating of abdomen.

< after heavy meal, spicy food.

Physical generals:

Appetite: Easy satiety

Thirst: Thirsty

Craving : Cheese , Milk products,

Aversion : Papaya

Urine: NAD

Stool : NAD

Perspiration : Profuse

Esp. Upper body

Sun: Cant tolerate

Thermal : Hot

Sleeps: on sides

Menstrual History: Pain in thighs and hypogastrium and legs before menses and on 1<sup>st</sup> day of menses.

Cycle: Regular

Mentals:

Sensitive to rudeness and reprimands. Gets hurt easily on smallest matter and can't forget hurts. Keeps on thinking about it. Reserved. Shy. Anger with taciturnity, anger at trifles. Cannot bear domination. Weeping with anger.

Life situation :

Childhood: Very polite, sincere and obedient child. Timid.

Lives with parents and younger brother. Relationships are good. Attached to mother.

## PROVER'S SYMPTOMS

**03/04/10**

**Face -**

One nodular eruption on chin, it was painful on touch. Duration: lasted for 8 days, after which it disappeared, leaving behind a brownish scar which still persists.

**07/04/10**

**Chest -**

Pain in retrosternal region extending to left side of chest and also the left arm, sensation as if electric current passing through these areas. This pain was felt at night during the first part of sleep. It lasted for around one minute.

**10/04/10**

**Chest -**

Pain in the right breast, intermittent pain. Duration: lasted for 15 minutes.

**Female -**

Menses early by 5 days.

After menses - red rashes over both the gluteal region, with itching. Duration: lasted for 3 days.

The pain and discomfort in hypogastrium and thighs which I normally experience during periods was not present this time.

**Dreams -**

Dreamt of missing the train by which I was scheduled to depart. Later, I had to board some other train in which I did not get a seat, but this dream occurred only once.

## Rubrics of Naja Genus

Naja Haje: naja-hj

Naja-mossambica Pallida: naja mo

Ophiophagus Hannah: ophioph-hn

Mind: absorbed: naja-hj

Mind: agitated pain with: naja-hj

Mind: anger trifles: naja-hj

Mind: anxiety: naja-hj

Mind: aversion to talk: naja-hj

Mind: concentration, difficult: reading: naja-mo

Mind: concentration, difficult: studying: naja-hj, naja-mo

Mind: confusion: naja-hj

Mind: delusions: being watched she is: naja-hj

Mind: dullness: afternoon: naja-hj, naja-mo, ophioph-hn

Mind: extroverted: naja-hj

Mind: fears imaginary: naja-hj

Mind: fears: accidents naja-hj

Mind: forgetfulness: naja-hj, naja-mo

Mind: indisposed to answer: naja-hj

Mind: irresolute: naja-hj

Mind: irritability: naja-hj, naja-mo, ophioph-hn

Mind: mistakes makes: spelling naja-mo

Mind: sadness anger after: naja-hj

Vertigo: fall tendency to: left to: naja-mo

Vertigo: sleep after naja-hj

Head: eruptions: scalp: naja-hj

Head: hairfall: naja-hj

Head: heaviness < sleep after naja-hj

Head: heaviness: forehead: naja-hj

Head: pain < reading: naja-hj

Head: pain: > sleeping: naja-hj

Head: pain: 5 a.m.: naja-mo

Head: pain: afternoon till night: **naja-mo**

Head: pain: catarrhal: **ophioph-hn**

Head: pain: left: **naja-hj**

Head: pain: morning: till 4 p.m.: **naja-hj**

Head: pain: pulsating: < morning: **naja-hj**

Head: pain: pulsating: **naja-hj**

Head: pain: right: **naja-mo**

Head: pain: sleep after: **naja-mo**

Head: pain: waking on: **naja-mo**

Head: pain: < rest: **naja-hj**

Eyes: bruised sensation: **naja-hj**

Eyes: heaviness < sleep after: **naja-hj**

Eyes: heaviness: **naja-hj**

Eyes: irritation: < morning: **naja-hj**

Eyes: irritation: < opening the eye: **naja-hj**

Eyes: irritation: > closing eyes: **naja-hj**

Eyes: irritation: > rubbing: **naja-hj**

Eyes: irritation: canthi: outer **naja-hj**

Eyes: irritation: right: **naja-hj**

Eyes: itching: > ice applications: **naja-hj**

Eyes: pain: burning: **naja-hj**

Eyes: pain: left: **naja-hj, ophioph-hn**

Eyes: photophobia: **naja-hj**

Eyes: styes: itching with: **naja-hj**

Eyes: styes: upper lids: left: **naja-hj**

Nose: coryza: alternating sides: **naja-hj**

Nose: coryza: copious, dripping from the nose: **naja-hj**

Nose: discharge: alternating sides: **naja-hj**

Nose: discharge: crust, scabs, inside: **naja-hj**

Nose: discharge: scanty: **naja-hj**

Nose: discharge: sides: right then left: **naja-hj**

Nose: discharge: thick: **naja-hj, naja-mo**

Nose: discharge: thin: **naja-hj**

Nose: discharge: thin: **naja-hj**

Nose: discharge: transparent: **naja-hj**

Nose: discharge: watery: **naja-hj**  
Nose: discharge: watery: **naja-hj**  
Nose: discharge: yellow: **naja-hj**  
Nose: obstruction: discharge with: **naja-mo**  
Nose: obstruction: lying down agg: **naja-mo**  
Nose: obstruction: night: **naja-mo**  
Nose: obstruction: right: **naja-hj, naja-mo**  
Nose: Sinuses, complaints of: frontal sinuses: **naja-hj**  
Nose: sneezing: <sleep after: **naja-hj**  
Nose: sneezing: cold air: agg: **naja-hj**  
Nose: sneezing: **naja-hj**  
Nose: sneezing: paroxysmal: **naja-hj**  
Nose: sneezing: violent: **naja-hj**  
Nose: snuffles: **naja-hj, naja-mo**

Face: complaints of face: Maxillary sinuses: **naja-hj**  
Face: complaints of face: extending to teeth: **naja-hj**  
Face: eruptions: **naja-hj, naja-mo, ophioph-hn**  
Face: eruptions: nose: **naja-hj**  
Face: eruptions: eyebrows around: **naja-hj, naja-mo**  
Face: eruptions: eyebrows about: **naja-hj**  
Face: eruptions: eyebrows below: **naja-hj**  
Face: eruptions: eyebrows: between: **naja-mo**  
Face: eruptions: scaly: **naja-hj**  
Face: eruptions: scales: whitish: **naja-hj**  
Face: eruptions: itching: **naja-hj**  
Face: eruptions: herpes lips: **naja-hj, ophioph-hn**  
Face: eruptions: boils: nose: **naja-hj, naja-mo**  
Face: eruptions: chin: **naja-mo, ophioph-hn**  
Face: eruptions: nodular: **naja-hj, naja-mo**

Mouth: aphthae: **naja-hj**  
Mouth: aphthae: lips lower: **naja-hj**  
Mouth: pain: aphthae < talking: **naja-hj**  
Mouth: pain: aphthae < eating: **naja-hj**  
Mouth: pain: aphthae >opening the mouth: **naja-hj**  
Mouth: taste: bitter: **naja-hj**

Throat: dryness: **naja-hj**

Throat: inflammation: **naja-mo**

Throat: irritation: **naja-hj, naja-mo**

Throat: irritation: right: **naja-hj**

Stomach: appetite: increased: **naja-hj**

Stomach: morning: **naja-hj**

Stomach: nausea: afternoon: **naja-hj**

Stomach: nausea: eating while: agg: **naja-hj**

Stomach: nausea: evening: **naja-hj, naja-mo**

Stomach: nausea: food: smell of food agg: **naja-mo**

Stomach: thirst: increased: **naja-hj**

Stomach: vomiting: eating after: **naja-mo**

Abdomen: pain: colicky < 4 p.m.: **naja-hj**

Abdomen: pain: colicky: **naja-hj**

Abdomen: pain: extending to genitals: **naja-hj**

Abdomen: pain: extending to rectum: **naja-hj**

Abdomen: pain: menses during: **naja-hj**

Abdomen: tightness: waist: **naja-hj, naja-mo**

Rectum: diarrhea: morning: waking on: **ophioph-hn**

Rectum: diarrhea: night: midnight: after: 2 a.m.: **ophioph-hn**

Rectum: diarrhoea: loose: **naja-hj**

Rectum: diarrhoea: **naja-hj, ophioph-hn**

Rectum: diarrhoea: watery: **naja-hj**

Stools: hard: **naja-hj**

Stools: unsatisfactory: **naja-hj**

Bladder: urination: frequent: night: **naja-hj**

Female genitalia: gushing: **naja-mo**

Female genitalia: itching: vagina: menses before < evening: **naja-hj**

Female genitalia: leucorrhoea: copious: **naja-hj**

Female genitalia: leucorrhoea: itching: **naja-mo**

Female genitalia: leucorrhoea: menses after: **naja-hj**  
Female genitalia: leucorrhoea: menses before: **naja-hj**  
Female genitalia: leucorrhoea: ribbon like: **ophioph-hn**  
Female genitalia: leucorrhoea: sticky: **naja-hj, ophioph-hn**  
Female genitalia: leucorrhoea: thick: **naja-mo**  
Female genitalia: leucorrhoea: thread like: **naja-hj**  
Female genitalia: leucorrhoea: watery: **naja-hj, naja-mo**  
Female genitalia: leucorrhoea: white: **naja-hj, ophioph-hn**  
Female genitalia: leucorrhoea: white-yellow: **naja-hj**  
Female genitalia: Menorrhagia: **naja-hj**  
Female genitalia: menses: appear: sensation as if: **naja-hj**  
Female genitalia: menses: bright red: **naja-hj**  
Female genitalia: menses: clotted: **naja-hj, naja-mo**  
Female genitalia: menses: copious: fifth day: **naja-hj, ophioph-hn**  
Female genitalia: menses: copious: sixth day: **naja-hj**  
Female genitalia: menses: early too: 4 days: **naja-mo**  
Female genitalia: menses: late too: five days: **naja-hj**  
Female genitalia: menses: late too: **naja-hj, naja-mo, ophioph-hn**  
Female genitalia: menses: late too: seven days: **naja-hj**  
Female genitalia: menses: late too: ten days: **naja-mo**  
Female genitalia: menses: late too: twelve days: **naja-mo**  
Female genitalia: menses: scanty: few drops: **naja-mo**  
Female genitalia: menses: scanty: **naja-mo**  
Female genitalia: menses: stringy: **naja-mo**  
Female genitalia: pain: uterus: extending to rectum: **naja-hj**  
Female genitalia: vagina: itching: leucorrhoea with: **naja-mo**

Larynx and trachea: voice: nasal: **naja-hj**

Chest: eruptions: mammae: right: **naja-mo**  
Chest: pain: extending to shoulder: **naja-hj**  
Chest: pain: mammae left: **naja-hj**  
Chest: pain: mammae: after menses: **naja-hj**  
Chest: pain: mammae: menses during: **naja-hj**  
Chest: pain: mammae: **naja-hj, naja-mo**  
Chest: pain: menses during: **naja-hj**  
Chest: pain: **naja-hj, naja-mo, ophioph-hn**



Chest: pain: pressure aggravates: **naja-hj**  
Chest: pain: sides: right: **naja-hj, naja-mo, ophioph-hn**  
Chest: palpitation: menses during: **naja-hj**  
Chest: palpitation: **naja-hj, naja-mo**

Cough: dry: **naja-hj**  
Cough: irritating: **naja-hj**  
Cough: paroxysmal: short paroxysm: **naja-hj**  
Cough: short: **naja-hj**

Back: eruptions: menses after: **ophioph-hn**  
Back: pain: lumbar: **naja-hj**  
Back: stiffness morning waking on agg: **naja-mo**  
Back: stiffness: **naja-hj**

Extremities: cramps: calves: **naja-mo**  
Extremities: cramps: calves: pressure amel: **naja-mo**  
Extremities: eruptions: forearms: **naja-mo**  
Extremities: eruptions: hands: palms: itching: **naja-hj, naja-mo**  
Extremities: eruptions: hands: palms: left: **naja-hj**  
Extremities: eruptions: hands: palms: nodular: **naja-hj**  
Extremities: eruptions: thighs: itching: **naja-hj**  
Extremities: eruptions: thighs: **naja-hj, naja-mo**  
Extremities: heaviness: hand: left: **naja-hj**  
Extremities: heaviness: hand: right: **naja-hj**  
Extremities: jerking: feet: right: sleep during agg  
Extremities: numbness: feet: left: **naja-hj, naja-mo**  
Extremities: numbness: feet: soles of: **naja-hj**  
Extremities: numbness: hands: **naja-mo**  
Extremities: numbness: hands: palms: left **naja-hj, naja-mo**  
Extremities: pain: ankle: right: **naja-hj**  
Extremities: pain: feet: left: < hanging legs: **naja-hj**  
Extremities: pain: feet: left: < slightest motion: **naja-hj**  
Extremities: pain: feet: left: < touch: **naja-hj**  
Extremities: pain: fingers: **naja-hj**  
Extremities: pain: knee: sitting agg: **naja-hj**  
Extremities: pain: knee: motion: agg: **naja-hj**

Extremities: pain: knee: right: **naja-hj**  
Extremities: pain: knees: standing agg: **naja-hj**  
Extremities: pain: legs: < evening: **naja-hj**  
Extremities: pain: legs: aching: **naja-hj**  
Extremities: pain: legs: dull: **naja-hj**  
Extremities: pain: legs: left: **naja-hj**  
Extremities: pain: legs: < standing for long: **naja-hj**  
Extremities: pain: legs: calves: **naja-hj**  
Extremities: pain: legs: muscles: **naja-hj**  
Extremities: pain: legs: **naja-hj**  
Extremities: pain: legs: neuralgic: **naja-hj**  
Extremities: pain: legs: standing agg: **naja-hj**  
Extremities: pain: lower limbs: sciatic: < standing: **naja-hj**  
Extremities: pain: lower limbs: sciatic: right: **naja-hj**  
Extremities: pain: thighs: anterior part: **naja-hj**  
Extremities: pain: upper arm: right **naja-hj**  
Extremities: pain: upper arm: right: dull: **naja-hj**  
Extremities: pain: upper arm: right: heavy **naja-hj**  
Extremities: pain: wrist: right: **naja-hj, naja-mo**  
Extremities: pain: wrists morning, waking on agg: **naja-hj**  
Extremities: pain: wrists movement agg: **naja-hj**  
Extremities: pain: wrists night amel: **naja-hj**  
Extremities: pain: wrists: evening amel: **naja-hj**  
Extremities: tingling: hands: forearm: left: **naja-hj**  
Extremities: tingling: hands: palms: left: **naja-hj**  
Extremities: tingling: **naja-hj**  
Extremities: weakness: standing agg: **ophioph-hn**

Sleep: disturbed: **naja-hj**  
Sleep: dreams: full of: **naja-mo**  
Sleep: sleepiness in the evening: **naja-hj, ophioph-hn**  
Sleep: sleeplessness: night: midnight before 2 hrs: **naja-mo**  
Sleep: sleeplessness: night: midnight before 3 hrs: **naja-hj**  
Sleep: sleeplessness: night: midnight before 4 hrs: **naja-hj, naja-mo**  
Sleep: unrefreshing: **naja-hj**

Dreams: arrogant, he is: **naja-hj**  
Dreams: clairvoyant: **naja-hj**  
Dreams: crime: committed a crime she has: **naja-hj**  
Dreams: disasters of: **naja-hj**  
Dreams: disease: loathsome disease: **naja-hj**  
Dreams: escaping, danger from: **naja-hj**  
Dreams: evil of: **ophioph-hn**  
Dreams: gambling, she is: **naja-mo**  
Dreams: ghosts: **naja-hj**  
Dreams: missing the train: **naja-mo**  
Dreams: nursing newborn: **naja-mo**  
Dreams: pursued: she is being pursued: **naja-hj**  
Dreams: religious: **naja-mo**  
Dreams: shouting, he is: **naja-hj**

Generals: food and drinks: cold drinks: desires: **naja-mo**  
Generals: food and drinks: fruit juices desires: **naja-mo**  
Generals: food and drinks: ice cream agg: **naja-hj**  
Generals: food and drinks: spices: desires: **naja-hj**  
Generals: heat sensation of: **naja-hj**  
Generals: pain: body all over: < evening: **naja-hj**  
Generals: restlessness: **naja-hj**  
Generals: weakness: **naja-mo**